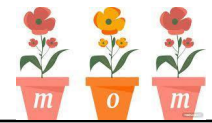




# Covenant School of Rio Rancho- May 2025 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>	<b>National Holidays:</b> 2nd: World Tuna Day 5th: Cinco de Mayo 9th: Muffins For Mom 14th: Buttermilk Biscuit Day 16: BBQ Day 28th: Hamburger Day			<b>1</b>	<b>2</b>
Breakfast				Cream of Wheat, Fruit, & Milk	French Toast Sticks, Fruit, & Milk
AM Snack				Juice and Goldfish	Yogurt & Blueberries
LUNCH				Spaghetti w/ Marinara, Salad, Fruit & Milk	<b>*Tuna Noodle Casserole*</b> w/ Peas, Fruit, and Milk
PM Snack				Apples & Animal Crackers	Pretzels & Hummus
<b>WEEK 2</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Breakfast	Breakfast Burritos, Fruit, & Milk	Waffles, Blueberries, & Milk	Blueberry Oatmeal, & Milk	Pancakes, Blueberries, & Milk	<b>*Assorted Muffins*</b> , Fruit, and Milk
AM Snack	Yogurt & Grahams	Tortillas & Jelly	Pita & Hummus	Applesauce & Goldfish	Animal Crackers & Juice
LUNCH	Pico de Papas (Ground Beef, Corn and Potatoes), Spanish Rice, Salad, & Milk	Ham & Cheese Sandwiches, Pickles, Chips, Fruit, & Milk	Mini Pizzas, Salad, Fruit, & Milk	Teriyaki Chicken, Rice, Broccoli, Pineapple, & Milk	Taco Salad (Tortilla Chips, Lettuce, Beef, Beans, Cheese & Tomatoes), Fruit, & Milk
PM Snack	Oranges & Pretzels	Bell Peppers & Ranch	Pretzels & Berries	Saltines & Cheese	Carrots & Ranch
<b>WEEK 3</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Breakfast	Bagels, Cream Cheese, Jelly & Milk	Cereal, Fruit, & Milk	<b>*Biscuits*</b> with Jelly & Milk	French Toast Sticks, Fruit, & Milk	Hard Boiled Eggs, Salsa, Fruit & Milk
AM Snack	Crackers & Cheese	Goldfish & Juice	Pita & Hard-Boiled Eggs	Yogurt & Animal Crackers	Carrot Sticks & Ranch
LUNCH	Mac N' Cheese w/ Broccoli, Fruit & Milk	Chicken Noodle Soup with Mixed Veggies, Fruit, & Milk	Mini Beef Tacos, Spanish Rice, Fruit & Milk	Grilled Cheese Sandwiches, Tomato Soup, Fruit & Milk	<b>*BBQ*</b> Pork, Rolls, Baked Beans, Fruit & Milk
PM Snack	Graham Crackers & Fresh Fruit	String Cheese & Pretzels	Tortillas & Jelly	Oranges & Crackers	Bananas & Graham Crackers
<b>WEEK 4</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Breakfast	Yogurt Parfaits with Berries, Cheerios & Milk	Waffles, Fruit, & Milk	Blueberry Muffins & Milk	Cereal, Fruit, & Milk	Cream of Wheat, Fruit, & Milk
AM Snack	Animal Crackers & Fruit	Lunch Meat & Crackers	Juice & Goldfish	Berries & Crackers	Yogurt & Pretzels
LUNCH	Turkey Sandwiches, Chips, Pickles, Fruit, & Milk	Hamburger & Rice Casserole w/ Mixed Veggies, Fruit, & Milk	Bean & Cheese Soft Tacos, Corn, Peaches, & Milk	Chicken Nuggets, Mashed Potatoes, Fruit, & Milk	Sloppy Joes, Pickles, Chips, Fruit, & Milk
PM Snack	Pretzels & Cheese	Cucumbers & Ranch	Apples & Graham Crackers	Olives & Cheese	Fresh Fruit & Animal Crackers
<b>WEEK 5</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Breakfast	<b>Closed for Memorial Day!</b>	Hard-Boiled Eggs, Bananas, & Milk	Waffles, Blueberries, & Milk	Bagels, Jelly, Cream Cheese & Milk	Cereal, Fruit & Milk
AM Snack		Goldfish & Juice	Hard Boiled Eggs & Hummus	Animal Crackers & Bananas	Oranges & Saltines
LUNCH		Chicken Alfredo Pasta, Peas, Fruit, & Milk	<b>*Hamburgers*</b> , Pickles, Chips, Fruit & Milk	Chicken Noodle Stir Fry w/ Veggies, Fruit & Milk	Red Chile Cheese Enchiladas, Salad, Fruit & Milk

PM Snack

Apples & Grahams

Frozen Yogurt & Crackers

Fresh Veggies & Ranch

Pretzels & Cheese