

# Covenant School of Rio Rancho April 2025 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Breakfast</b>	<div style="background-color: #e6e6fa; padding: 5px;">                     Anyone who belongs to Christ                      has become a new person.                      The old life is gone;  <i><b>a new life has begun!</b></i> </div> 	Oatmeal, Fruit, & Milk	Cereal, Bananas, & Milk	French Toast Sticks, Fruit, & Milk	Hardboiled Eggs, Salsa, & Milk
<b>AM Snack</b>		Oranges & Pretzels	Cheese & Crackers	Yogurt & Berries	Bananas & Animal Crackers
<b>LUNCH</b>		Ravioli w/ Marinara, Salad, Fruit, & Milk	Teriyaki Chicken, Rice, Broccoli, Fruit, & Milk	Bean & Cheese <b>Burritos</b> , Corn, Fruit, & Milk	Spaghetti w/ Marinara, Mozzarella Sticks, Fruit, & Milk
<b>PM Snack</b>			Goldfish & Juice	Olives & Pickles	<b>Oranges</b> & Tortilla Chips
<b>WEEK 2</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Breakfast</b>	Waffles, Fruit, & Milk	Assorted Muffins & Milk	Yogurt Parfaits with Blueberries, Cheerios, & Milk	Cereal, Bananas, & Milk	English Muffins, Jam, & Milk
<b>AM Snack</b>	Goldfish & Juice	Cheese & Pretzels	Lunch Meat & Crackers	Pita & Hummus	Mini Peppers & Ranch
<b>LUNCH</b>	Meatballs, Mashed Potatoes w/ Gravy, Fruit, & Milk	Chicken and Rice Soup w/ Black Eyed Peas, Fruit, & Milk	Pico de Papas (Ground Beef, Corn, and Potatoes), Spanish Rice, Fruit, & Milk	Tomato Noodle Soup, Fruit, & Milk	Chicken Stir Fry w/ Veggies & Noodles, Fruit, & Milk
<b>PM Snack</b>	Fresh Fruit & Crackers	Veggies & Ranch	Oranges & Pretzels	String Cheese & Apples	Yogurt & Berries
<b>WEEK 3</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Breakfast</b>	Ham, Egg and Cheese Bars, Fruit, & Milk	Cream of Wheat, Fruit, & Milk	Cereal, <b>Bananas</b> , & Milk	Bagels, Cream Cheese, Jelly, Fruit, & Milk	<b>Closed for</b>
<b>AM Snack</b>	Hard Boiled Eggs & Crackers	Veggies & Ranch	Berries & Yogurt	Veggies & Hummus	<b>Good Friday</b>
<b>LUNCH</b>	Chicken Nuggets, Mashed Potatoes, Fruit, & Milk	Sloppy Joes, Chips, Pickles, Fruit, & Milk	Posole w/ Pork, Tortillas, Fruit, & Milk	Pizza Sticks with Marinara Sauce, Salad, Fruit, & Milk	
<b>PM Snack</b>	Tortillas & Cheese	Cucumbers & Ranch	<b>Bananas</b> & Graham Crackers	Oranges & <b>Cheese Balls</b>	
<b>WEEK 4</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Breakfast</b>	Hard Boiled Eggs, Salsa, & Milk	Oatmeal, Fruit, & Milk	Waffles, Bananas, & Milk	English Muffins, Jelly, & Milk	Blueberry Muffins & Milk
<b>AM Snack</b>	Tortillas & Jelly	Lunch Meat & Crackers	Goldfish & Juice	Berries & Yogurt	Hardboiled Eggs & Crackers
<b>LUNCH</b>	Salisbury Steak, Mashed Potatoes w/ Gravy, Fruit, & Milk	Sesame Pasta w/ Chicken, Broccoli, Fruit, & Milk	Cajun Sausage, Red Bean & Rice Casserole, Fruit, & Milk	Ham & Cheese Sandwiches, Chips, Pickles, Fruit, & Milk	Turkey Sandwiches, Pickles, Chips, Fruit, & Milk
<b>PM Snack</b>	Applesauce & Graham Crackers	Veggies & Ranch	Chips & Salsa	Apples & Cheese	Sidekicks Fruit Slush Cups

<b>WEEK 5</b>	<b>28</b>	<b>29</b>	<b>30</b>		
<b>Breakfast</b>	Pancakes, Fruit, & Milk	Cereal, Bananas, & Milk	Breakfast Pizza, Fruit, & Milk		<b>National Holidays:</b>
<b>AM Snack</b>	Fruit Bars & Milk	Fresh Veggies & Hummus	Cheese & Crackers		3 <sup>rd</sup> : Burrito Day 16 <sup>th</sup> : Banana Day
<b>LUNCH</b>	Macaroni & Cheese w/ Broccoli, Fruit, & Milk	Red Chile Cheese Enchiladas, Salad, Fruit, & Milk	Hamburger Vegetable Soup w/ Rice, Crackers, Fruit, & Milk		17 <sup>th</sup> : Cheese Ball Day 30 <sup>th</sup> : Oatmeal Cookie Day
<b>PM Snack</b>	Oranges & Pretzels	Yogurt & Graham Crackers	<b>Oatmeal Cookies &amp; Milk</b>		