



Covenant Schools of Rio Rancho February 2025 Menu

Love one
another as
Jesus loves you.
JOHN 15:12



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	3	4	5	6	7
Breakfast	French Toast Sticks, Fruit & Milk	Blueberry Muffins & Milk	Cereal, Bananas & Milk	Waffles, Fruit & Milk	Cream of Wheat, Fruit & Milk
AM Snack	Pretzels & Applesauce	Lunch Meat & Crackers	Fresh Berries & Grahams	Sweet Mini Peppers & Ranch	Yogurt & Blueberries
LUNCH	Bean & Cheese Tacos, Corn, Fruit & Milk	Posole w/ Pork, Tortillas, Fruit & Milk	Turkey Sandwiches, Chips, Pickles, Fruit & Milk	Hamburger Vegetable Soup w/ Rice, Fruit & Milk	*Chicken Alfredo* , Salad, Fruit & Milk
PM Snack	Oranges & Animal Crackers	Goldfish & Juice	Cream Cheese & Celery	*Frozen Yogurt* & Animal Crackers	Olives & Pretzels
WEEK 2	10	11	12	13	14
Breakfast	English Muffins, Jelly & Milk	Cereal, Bananas & Milk	Bagels, Jelly & Milk	Hardboiled Eggs, Pita, Fruit & Milk	Pancakes, Blueberries & Milk
AM Snack	Goldfish & Oranges	Hardboiled Eggs & Tortilla	Juice & Saltines	Yogurt & Grahams	Carrot Sticks & Ranch
LUNCH	Green Chile Chicken Soup, Tortillas, Fruit & Milk	Sloppy Joes, Chips, Pickles, Fruit & Milk	Cheesy Broccoli & Potato Soup, Saltines, Fruit & Milk	Chicken Nuggets, Mashed Potatoes, Fruit & Milk	Pico de Papas (Ground Beef, Corn, Potatoes), Spanish Rice, Fruit & Milk
PM Snack	Cucumbers & Ranch	Pretzels & Cheese	Tortillas & Jelly	String Cheese & Apples	Bananas & Vanilla Wafers
WEEK 3	17	18	19	20	21
Breakfast	CLOSED FOR PRESIDENTS DAY	Sausage Links, Hashbrowns, Fruit & Milk	Cereal, Bananas & Milk	*Blueberry Muffins* & Milk	Hardboiled Eggs, Pita, Fruit & Milk
AM Snack		Applesauce & Grahams	Hardboiled Eggs & Salsa	Yogurt & Pretzels	Berries & Animal Crackers
LUNCH		Ham & Cheese Sandwiches, Chips, Pickles, Fruit & Milk	Red Chile Beef Stew w/ Carrots & Potatoes, Tortillas, Fruit & Milk	Mini Tacos, Spanish Rice, Fruit & Milk	Meatballs, Mashed Potatoes, Green Beans & Milk
PM Snack		Cucumbers & Ranch	Cheese & Crackers	Tortillas & Jelly	Apples & Grahams
WEEK 4	24	25	26	27	28
Breakfast	Bagels, Jelly & Milk	Oatmeal, Fruit & Milk	Yogurt Parfaits w/ Blueberries	Ham & Cheese Breakfast Bars, Fruit & Milk	French Toast Sticks, Fruit & Milk
AM Snack	Carrot Sticks & Ranch	Lunch Meat & Crackers	Tortillas & Cheese	Pita Bread & Hummus	Cucumbers & Ranch
LUNCH	Ham and Cheese Sandwiches, Pickles, *Tortilla Chips* , & Milk	Spaghetti w/ Marinara, Salad, Fruit & Milk	Teriyaki Chicken w/ Rice, Broccoli, Pineapple & Milk	*Frito Pie* (Chili, Fritos, Cheese), Salad, Fruit & Milk	Chicken Noodle Soup with Mixed Veggies, Crackers Fruit, & Milk
PM Snack	Peaches & Animal Crackers	Apples & Grahams	Bananas & Vanilla Wafers	Yogurt & Pretzels	Goldfish & Juice



	<u>Special Days</u>	20 th Muffin Day 24 th Tortilla Chip Day 27 th Chili Day			
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6th Frozen Yogurt Day
7th Fettucine Alfredo Day

20th Muffin Day
24th Tortilla Chip Day
27th Chili Day