



Covenant Schools del Norte

January 2025 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			1	2	3
Breakfast			CLOSED	Cinnamon Raisin Toast & Milk	Biscuits, Sausage patty & Milk
AM Snack			HAPPY	Pretzels & Grape Juice	Yogurt Parfaits
Lunch			NEW YEARS	Quesadillas, Tomato Soup, Apples & Milk	Bagel Pepperoni Pizza, Corn, Fruit & Milk
PM Snack			!!	Goldfish & Fruit	Veggies & Ranch
Week 2	6	7	8	9	10
Breakfast	French Toast/ Waffles & Milk	Oatmeal, Blueberries & Milk	Pancakes, Apple Juice & Milk	Croissant's w/Jelly & Milk	Avocado Toast & Milk
AM Snack	Egg Nog & Rice Cakes	Muffins & Milk	NutriGrain Bars	Apricots & Yogurt	String Cheese & Apples
Lunch	Chicken Sandwiches, Ruffles, Fruit & Milk	Bean and Cheese Burritos, Fruit & Milk	Chicken Noodle Soup, Saltines, Bananas & Milk	Pasta salad, Townhouse crackers, Oranges & Milk	Salami/Ham Sandwiches, French Fries, Fruit & Milk
PM Snack	Pears & Cheez-Itz	Pretzels & Hummus	Trail mix	Bananas & Goldfish	Peaches & Ritz
Week 3	13	14	15	16	17
Breakfast	Cream of Wheat & Milk	Cheese Toast, Grape Juice & Milk	Bagels w/Cream Cheese & Milk	Yogurt w/ Blueberries & Milk	Cereal, Strawberries & Milk
AM Snack	Bananas & Grahams	Rice Cakes & Yogurt	Dehydrated Apples & Applesauce	Cheese & Crackers	Cucumbers & Ranch
Lunch	Chef Salad, Club Crackers, Fruit & Milk	Pesto Spinach Pizza, Corn, Fruit & Milk	Green Chili Enchiladas, Beans, Fruit & Milk	Honey Chicken w/ Rice, Fruit & Milk	Corn Dogs, Green Beans, Fruit & Milk
PM Snack	Chex Mix & Apple Juice	Cookies & Milk	Veggie Straws	Fig Newton & Milk	Teddy Grahams & Mixed Fruit
Week 4	20	21	22	23	24
Breakfast	CLOSED	Waffles & Milk	Breakfast Burritos & Milk	Biscuits w/Gravy & Milk	Hashbrowns & Milk
AM Snack	FOR	Apples & Goldfish	Muffins & Milk	Cubed Cheese & Apples	Avocado Toast
Lunch	MLK	Tortellini, Bread Sticks, Fruit & Milk	BBQ Chicken Sandwiches, Tater Tots, Fruit & Milk	Chicken Fried Rice, Egg Rolls, Pineapple & Milk	Sloppy Joes, Fruit & Milk
PM Snack	DAY!	Granola Bars	Bananas & Wheat Thins	Tortillas & Jelly	Rice Krispy Treats & Fruit
Week 5	27	28	29	30	31
Breakfast	Bagels w/Cream Cheese & Milk	Blueberry Pancakes & Milk	Egg w/Ham Casserole & Milk	Croissant's w/Jelly & Milk	French Toast Sticks & Milk
AM Snack	Fruit Salad	Bell Peppers & Hummus	Rice Cakes & Strawberries	Muffins & Milk	Yogurt Parfaits
Lunch	Tuna casserole, Green Beans, Peaches & Milk	Chicken Patties, Mashed Potatoes, Apples & Milk	Frito Pie, Corn, Fruit & Milk	Meatball Subs, Chips, Fruit & Milk	Tater Tot Casserole, Peaches & Milk
PM Snack	Bean Dip & Crackers	Frozen Yogurt Bark	Mini Cucumbers & Ranch	Trail Mix & Juice	Pita Chips & Hummus