



COVENANT SCHOOLS DEL NORTE

July 2024 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1	2	3	4	5
Breakfast	Breakfast burritos & Milk	Waffles, strawberries, & milk	Cinnamon toast & milk	Closed	Cereal, bananas & milk
AM Snack	Sun- butter ants on a log	Raspberries & crackers	Pear slices and cheese	Happy	Yogurt and goldfish
Lunch	Chicken patties, mashed potatoes, fruit, & milk	Frito pie, mixed veggies, oranges, & milk	Pizza pasta salad, garlic bread, fruit, and milk	Independence	Chicken nuggets, green beans, apples, and milk
PM Snack	Fruit cracker pizza	Applesauce & grahams	Trail mix and juice	Day	Mandarin Oranges & Ritz
Week 2	8	9	10	11	12
Breakfast	Sausage, tortilla & milk	Cereal, blueberries, & milk	Cream of wheat, blueberries & milk	Pancakes & milk	English muffins w/ jelly & milk
AM Snack	Baked apples	Yogurt and animal crackers	Granola bars & strawberries	Bell peppers & ranch	Fruit smoothies & crackers
Lunch	Fish sticks, corn, peaches, & milk	Pesto pasta salad, bread sticks, oranges, & milk	Ham w/Broccoli rice casserole, fruit, & Milk	Hamburgers, chips, bananas, & milk	Watermelon cucumber salad, garlic bread, & milk
PM Snack	Chex mix & juice	Apple fruit nachos	Oatmeal sun-butter bites	Blueberry muffins & milk	French fries, & ketchup
Week 3	15	16	17	18	19
Breakfast	Cereal, fruit, & milk	French toast & milk	Hashbrowns & Orange Juice	Cinnamon Oatmeal & Milk	Biscuits, jelly, & Milk
AM Snack	Tortilla roll -ups	Strawberry's & pretzels	Bunny grahams & bananas	Pita bread & hummus	Pretzels & Cheese
Lunch	Green chili stew, cornbread, oranges & milk	Spinach alfredo, green beans, fruit, & milk	BLT salad, celery, apples, & milk	Pepperoni pizza quesadillas. Green beans, fruit, & milk	Corn dogs, baked beans, fruit, & milk
PM Snack	Apple pie bites	Watermelon fry's w/yogurt	Grape juice & blueberry muffins	Fruit salad	Strawberries & grahams
Week 4	22	23	24	25	26
Breakfast	Cinnamon raisin bread & milk	Yogurt, granola, & milk	Waffles & Orange juice	Croissants & jelly	Cereal & milk
AM Snack	String cheese & fig bars	Apples & pirates booty	Applesauce & Nurti-bars	Rice cakes & lemonade	Strawberry trail mix
Lunch	Chicken tortellini alfredo, garlic bread, oranges, & milk	Chili mac, corn, fruit, & milk	Bean burritos, Spanish rice, pineapple, & milk	Sun-butter, jelly sandwiches, ruffles, fruit & milk	Pulled pork casserole, corn, fruit, & milk
PM Snack	Zucchini bread	Cornbread & jelly	Strawberry yogurt bark	Pretzels & hummus	Salami & crackers
Week 5	29	30	31		
Breakfast	French toast & milk	Cheese toast & milk	Yogurt, fruit, & milk	HIGHLIGHTED	
AM Snack	Baked carrots, & ranch	Melon & crackers	Veggie straws	DAYS	
Lunch	Chicken tenders, BBQ beans, fruit, & milk	Broccoli cheese soup, biscuits, fruit, & milk	Turkey, taco bowls, bananas, & milk	INDICATE	
PM Snack	Bananas & cheese its	Strawberry oat cookies & milk	Chocolate chip sun butter roll ups	NATIONAL DAYS	