



COVENANT SCHOOLS DEL NORTE AUGUST MENU 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	29	30	31	1	2
Breakfast	Highlighted Items			English Muffins, Jelly, & Milk	Breakfast casserole & milk
AM Snack	Are In			Grape Juice & Town House Crackers	Mandarin oranges & goldfish
Lunch	Celebration Of			Penne pasta, bread sticks, apples & milk	Chicken patties, mashed potatoes, fruit & milk
PM Snack	National Days			Oranges & pretzels	Watermelon & saltines
Week 2	5	6	7	8	9
Breakfast	Sausage Patties, toast & milk	Cereal, strawberries & milk	Cream of wheat & milk	Hashbrowns, ketchup & milk	Bagels, cream cheese & milk
AM Snack	Yogurt & berries	Cinnamon raisin bread & jelly	Oranges & animal crackers	Pear & sun chips	Chex mix & juice
Lunch	Quesadillas, beans, bananas & milk	Pesto pasta, garlic bread, oranges & milk	Broccoli chicken casserole, crackers, fruit & milk	Green chili enchiladas, Spanish rice, fruit & milk	Sweet & sour meat balls, rice, mixed veggies, fruit & milk
PM Snack	Salami & crackers	Carrots, crackers & ranch	Watermelon & pretzels	Goldfish, apples & OJ	Cucumbers & Hummus
Week 3	12	13	14	15	16
Breakfast	Cheese toast & Milk	Pancakes & Milk	Oatmeal, blueberries & milk	Hashbrowns, milk & apple juice	Yogurt w/ granola & milk
AM Snack	Bananas & saltines	Cheerios & peaches	Pita chips & hummus	Cheese cubes & ritz	Fig newton bars & bananas
Lunch	Chicken zucchini pasta, rolls, fruit & milk	Ham sandwiches, tater tots, oranges & milk	Chicken fried rice, egg rolls, fruit & milk	Pizza, carrots, bananas & milk	Beef enchilada casserole, tortillas, oranges & milk
PM Snack	Applesauce & cheese its	Strawberries & cheese	Trail mix & grape juice	Strawberry muffins & milk	Mixed Veggies & avocado dip
Week 4	19	20	21	22	23
Breakfast	Tortillas, sausage & milk	Pancakes & milk	Breakfast burritos, milk & orange juice	Yogurt, strawberries & milk	Cinnamon toast & milk
AM Snack	Pretzels & string cheese	Yogurt & bananas	Veggie straws	Dried apples & cantaloupe	Tater tots & ketchup
Lunch	Potato soup, biscuits, fruit & milk	Chicken nuggets, corn, pineapple & milk	Mac & cheese, green beans, oranges & milk	Orange chicken, rice pears & milk	Turkey roll ups, chips, mixed fruit & milk
PM Snack	Fruit salad	Celery w/ ranch & crackers	Bunny grahams & peaches	Side kick freeze cups	Ritz & applesauce
Week 5	26	27	28	29	30
Breakfast	Waffles & milk	Cereal, blueberries & milk	Biscuits w/ jelly & milk	French toast & milk	Sausage Patties, toast & milk
AM Snack	Sun Butter & apples	Cinnamon toast & yogurt	Cheez its & juice	Applesauce & grahams	Sun butter & pretzels
Lunch	Tex mex salad, garlic bread, fruit & milk	Hamburgers, fries, fruit & milk	Spaghetti, green beans, fruit & milk	Chicken pasta salad, ritz, fruit & milk	Tomato soup, grilled cheese, fruit & milk
PM Snack	Banana sushi roll ups	Pretzels & cucumbers	Berries & cream	Goldfish & bananas	Fig newtons & pineapple