



## Covenant Schools Del Norte January 2024 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Breakfast</b>	<b>CLOSED</b>	Waffles, Bananas & Milk	Yogurt w/granola & Milk	Cereal, Fruit & Milk	Cream of Wheat, Blueberries & Milk
<b>AM Snack</b>	<b>FOR</b>	Saltines & Oranges	Bananas & Pretzels	Scones & Milk	Yogurt & Raisins
<b>Lunch</b>	<b>NEW YEARS!</b>	Italian Pinwheels, Chips, Fruit & Milk	Green chile enchiladas, Beans, Spanish Rice, Fruit & Milk	Spaghetti, Mixed Veggies, Fruit & Milk	Tater Tot Casserole, Cucumbers, Fruit & Milk
<b>PM Snack</b>		Strawberries & Cream	Pita & Hummus	Vanilla Wafers & Apples	Rice Krispy Treats
<b>Week 2</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>Breakfast</b>	French Toast Sticks, Strawberries & Milk	English Muffins w/Jelly & Milk	Breakfast Burritos & Milk	Pancakes & Milk	Cereal, Juice & Milk
<b>AM Snack</b>	Pineapple & Goldfish	Apple cinnamon muffins	Cheerios & Mandarin oranges	Animal Crackers & Yogurt	Applesauce & Chez-Itz
<b>Lunch</b>	Pesto Pasta Salad, Crackers, Fruit & Milk	Meatloaf, Mashed Potatoes, Green Beans & Milk	Teriyaki Chicken, Rice, Broccoli & Milk	Hamburgers, Fries, Fruit & Milk	Southwest Chicken Soup, Cantaloupe & Milk
<b>PM Snack</b>	Chips & Salsa	Trail mix & Juice	String Cheese & Pretzels	Oranges & Grahams	Tortillas & Sun Butter
<b>Week 3</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Breakfast</b>	<b>CLOSED</b>	Cream of Wheat, Peaches & Milk	Breakfast Casserole & Milk	Cereal, Fruit & Milk	Cheese Toast & Milk
<b>AM Snack</b>	<b>FOR</b>	Gold Fish & Juice	Chex Mix & Blueberries	Pretzels & Strawberries	Rice Cakes & Apples
<b>Lunch</b>	<b>MLK DAY</b>	Chicken noodle soup, Saltines, Oranges & Milk	Fish Stick, Mixed Veggies, Oranges & Milk	Pancakes, Sausage, Fruit & Milk	Turkey Taco Bowl, Tortilla, Fruit & Milk
<b>PM Snack</b>		Homemade Muffins & Milk	Carrots & Ranch	Pineapple & Chez-Itz	Bananas & Grahams
<b>Week 4</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>Breakfast</b>	Hashbrown, Bananas & Milk	Cereal, Fruit & Milk	Yogurt, Fruit & Milk	Toast w/Sun Butter, Strawberries & Milk	Biscuits w/Jelly & Milk
<b>AM Snack</b>	Fruit Bars & Ritz Crackers	Strawberries & Grahams	Bananas & Chez-Itz	Pretzels & Bananas	Cheese Cubes & Melon
<b>Lunch</b>	Warm Ham & Cheese Sliders, Mixed Veggies, Oranges & Milk	Honey Chicken w/Rice & Steamed Broccoli, Fruit & Milk	Enchilada Soup, Tortilla, Fruit & Milk	Ravioli, Green Beans, Fruit & Milk	Chicken Tortellini Alfredo, Garlic Bread, Fruit & Milk
<b>PM Snack</b>	Cucumbers & Hummus	Goldfish & Pears	Oranges & Sun Chips	Pears & Saltines	Tortilla & Jelly
<b>Week 5</b>	<b>29</b>	<b>30</b>	<b>31</b>		
<b>Breakfast</b>	Cereal, Fruit & Milk	Croissant's w/Jelly & Milk	Cinnamon Rasin Bread & Milk	Highlighted Items	
<b>AM Snack</b>	Corn Bread Muffins & Milk	Wheat Thins & Yogurt	Alphabet Cookies & Milk	Are In	
<b>Lunch</b>	Frito Pie, Salad, Apples & Milk	Mac-N-Cheese, Strawberries, Peas & Milk	Homemade Pizza, Corn, Oranges & Milk	Celebration Of	
<b>PM Snack</b>	Cinnamon Tortilla Roll Ups	Mixed Fruit & Pretzels	Peaches & Crackers	National Holidays	