



COVENANT SCHOOLS DEL NORTE December 2023 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					1
Breakfast	Highlighted Items				French Toast Sticks & Milk
AM Snack	Are In				Muffins
Lunch	Celebration Of				Frito Pie, Salad, Fruit & Milk
PM Snack	National Days				Carrots & Ranch
Week 2	4	5	6	7	8
Breakfast	Biscuits, Orange Juice & Milk	Oatmeal, Fruit & Milk	Muffins & Milk	Cereal, Fruit & Milk	Waffles, Orange Juice & Milk
AM Snack	Nutri-grain Bars	Pretzels & Fruit	Bananas & Cheerios	Veggie Straws & Lemonade	Tortilla & Jelly
Lunch	Chef Salad, Breadsticks, Fruit & Milk	Ham Sandwiches, Chips, Fruit & Milk	Green Chile Stew, Tortilla, Oranges & Milk	Pesto Penne, Rolls, Apples & Milk	Chicken Fried Rice, Egg Rolls & Milk
PM Snack	Tortilla & sunflower butter roll up	Applesauce & Saltines	Strawberries & Grahams	Animal Crackers & Pears	Ham & Ritz
Week 3	11	12	13	14	15
Breakfast	Cereal, Fruit & Milk	Biscuits, Sausage & Milk	Scones & Milk	Cheese Toast & Milk	Cereal, Fruit & Milk
AM Snack	Granola Bars & Milk	Applesauce & Ritz	Sun Butter & Saltines	Teddy Grahams	Fig Newton
Lunch	Chicken Noodle Soup, Saltines, Fruit & Milk	Hamburgers, Tater tots, Fruit & Milk	Red Chile Enchiladas, Salad, Fruit & Milk	BBQ Chicken Sandwiches, Chips, Oranges & Milk	Baked Potato Soup, Pita, Fruit & Milk
PM Snack	Bananas & Pretzels	Organic Fruit Bars & Grahams	Cornbread & Milk	Goldfish & Apple Juice	Cucumbers & Ranch
Week 4	18	19	20	21	22
Breakfast	Yogurt w/ granola & Milk	Sausage, Tortilla & Milk	Biscuits w/ jelly & Milk	Waffles & Milk	Cinnamon Toast & Milk
AM Snack	Raisins & Dried Apples	Sun Butter & Pretzels	Waffle Fries & Ketchup	Snap Peas & Ranch	Yogurt & Goldfish
Lunch	Orzo tomato soup, garlic bread & Milk	Quesadillas, Mixed Veggies, Fruit & Milk	Mexican Pasta Salad, Crackers, Fruit & Milk	Broccoli Cheese Soup, Biscuits, Fruit & Milk	Corn Dogs, Veggies, fruit & Milk
PM Snack	Carrots & Hummus	Trailmix & Juice	Chex Mix	Wheat Thins & Mixed Fruit	Mandarin Oranges & Grahams
Week 5	25	26	27	28	29
Breakfast	Closed	Closed	Cereal & Milk	Pancakes & Milk	Burritos & Milk
AM Snack			Salami & Crackers	Pineapple & Cheerios	Bunny Grahams & Milk
Lunch	For	For	Fish Sticks, Green Beans, Oranges & Milk	Hawaiian Meatballs, Rice, Fruit & Milk	Shepards Pie Soup, Saltines, Oranges & Milk
PM Snack	Christmas	Christmas	Cheez Its & Lemonade	Blueberry Muffins	Peaches & Pretzels