




Covenant Schools Del Norte May 2023 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1	2	3	4	5
Breakfast	French Toast & Milk	Burritos & Milk	Hashbrowns & Milk	Cereal, Orange Juice & Milk	Pancakes & Milk
AM Snack	Bananas & Grahams	Cheese Cubes & Ritz	Goldfish & Juice	Mandarin Oranges & Pretzels	Pretzels & Peaches
Lunch	Spaghetti Alfredo, Garlic Bread, Fruit & Milk	Ranch Beans, Cornbread, Fruit & Milk	Tomato Orzo Pasta, Breadsticks, Fruit & Milk	Sunflower Butter & Jelly Sandwiches, Fruit & Milk	Grilled Cheese, Celery, Fruit & Milk
PM Snack	Apples & Sun butter	Veggie Straws	Strawberries & Cream	Trail Mix	Cornbread & Milk
Week 2	8	9	10	11	12
Breakfast	Cheese Toast & Milk	Pancakes & Milk	Yogurt w/ Granola & Milk	Waffles & Milk	Biscuits w/ Jelly & Milk
AM Snack	Hummus & Celery	Yogurt & Cheerios	Bananas & Saltines	Applesauce & Grahams	Chex Mix
Lunch	Frito Pie, Apples & Milk	Tater Tot Casserole, Fruit & Milk	Fish Sticks, Carrots, Fruit & Milk	Italian Pasta Salad, Crackers, Fruit & Milk	Chicken Nuggets, Salad, Bananas & Milk
PM Snack	Oranges & Pretzels	Cucumbers & Ranch	Fig Newtons	Cheez-It's & Lemonade	Muffins & Milk
Week 3	15	16	17	18	19
Breakfast	Hashbrowns & Milk	Cinnamon Toast & Milk	Cereal, Fruit & Milk	Blueberry Muffins & Milk	Tortilla w/ Sausage
AM Snack	Bunny Grahams	Goldfish & Apple juice	Strawberries & Animal Crackers	Bananas & Pretzels	String Cheese & Crackers
Lunch	Southwest Chicken Salad, Tortilla, Fruit & Milk	BBQ Chicken Sandwich, Chips, Fruit & Milk	Penne Pasta w/ Meat Sauce, Fruit & Milk	Chicken & Black Bean Casserole, Fruit & Milk	Corn Dogs, Broccoli, Fruit & Milk
PM Snack	Chocolate Chip Cookies & Milk	Cantaloupe & Saltines	Tortilla & Cheese	Fruit Cocktail & Grahams	Rice Krispie Treat
Week 4	22	23	24	25	26
Breakfast	French Toast & Milk	Burritos & Milk	Toast w/ Jelly & Milk	Oatmeal, Blueberries & Milk	Pancakes & Milk
AM Snack	Veggie Sticks & Ranch	Ritz & Applesauce	Pears & Saltines	Nutri-Grain Bars	Pineapple & Cheez-its
Lunch	Hamburger w/Pickles, Chips, Fruit & Milk	Taco Salad, Tortillas, Fruit & Milk	Tortellini, Peas, Fruit & Milk	Turkey Sandwiches, Tater Tots, Fruit & Milk	Red Chile Enchiladas, Beans, Fruit & Milk
PM Snack	Vanilla Pudding & Grahams	Fruit Salad	Animal Crackers & Oranges	Carrots & Hummus	Townhouse Crackers & Fruit
Week 5	29	30	31		
Breakfast	Closed	Cereal, Bananas & Milk	Waffles & Milk	Highlighted Items	
AM Snack	For	Apples & Cheese	Tortilla w/ Sun butter		
Lunch	Memorial 	Cheese Pizza, Carrots, Fruit & Milk	Chicken Salad w/ Croissants, Fruit & Milk	Celebration Of	
PM Snack	Day	Oranges & Grahams	Applesauce & Pretzels	National Days	