



Covenant Schools Del Norte May 2022 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2	3	4	5	6
Breakfast	Oatmeal, Bananas & Milk	Cereal, Apples & Milk	Burritos, Orange Juice & Milk	Toast w/ Jelly & Milk	Waffles, Bananas & Milk
AM Snack	Fig Newtons	Pretzels & String Cheese	Strawberries & Cream	Oranges & Crackers	Cheerios & Fruit
Lunch	Southwest Chicken Salad, Tortilla, Fruit & Milk	Chicken Patties, Mashed Potatoes w/ Gravy, Oranges & Milk	Cheese Ravioli, Breadsticks, Fruit & Milk	Bean Burritos, Spanish Rice, Fruit & Milk	Chicken Pasta Salad, Breadsticks, Fruit & Milk
PM Snack	Animal Cookies & Milk	Cookies & Milk	Applesauce & Grahams	Pretzels & Juice	Peaches & Cream
Week 2	9	10	11	12	13
Breakfast	Hashbrowns & Milk	Cinnamon Rolls & Milk	Cereal, Oranges & Milk	Toast w/ Jelly & Milk	Cream of Wheat, Apricots & Milk
AM Snack	Yogurt & Cheerios	Saltines & Oranges	Tortilla & Jelly	Grahams & Milk	Fig Newton
Lunch	Chicken Nuggets, Carrots, Fruit & Milk	Turkey Wrap, Chips, Fruit & Milk	Hawaiian Pasta Salad, Crackers, Fruit & Milk	Quesadilla, Cucumbers, Fruit & Milk	Chef Salad w/ Croutons , Breadsticks, Oranges & Milk
PM Snack	Cereal Bars	String Cheese & Apples	Chex Mix	Ambrosia Salad	Apple Pie & Milk
Week 3	16	17	18	19	20
Breakfast	Breakfast Sandwiches & Milk	Avocado Toast & Milk	Waffles, Syrup & Milk	Oatmeal, Strawberries & Milk	Cereal & Milk
AM Snack	Applesauce & Grahams	Granola Bars & Milk	Cantaloupe & Pretzels	Goldfish & Juice	Yogurt & Animal Crackers
Lunch	BBQ Chicken Sandwiches, Corn, Fruit & Milk	Frito Pie, Salad, Fruit & Milk	Chicken Parmesan, Corn, Fruit & Milk	Tuna Sandwiches, Tater Tots, Fruit & Milk	Pizza, Cucumbers, Fruit & Milk
PM Snack	Goldfish & Juice	Strawberries & Grahams	Apples & Goldfish	Cantaloupe & Saltines	Oranges & Grahams
Week 4	23	24	25	26	27
Breakfast	Oatmeal, Strawberries & Milk	Bagels, Cream Cheese & Milk	Cereal, Oranges & Milk	French Toast, Pears & Milk	Biscuits, Peaches & Milk
AM Snack	Oranges & Saltines	Vanilla Wafers & Fruit	String Cheese & Pretzels	Yogurt & Granola	Marshmallows & Pretzels
Lunch	Spaghetti, Breadsticks, Fruit & Milk	Fish Fillets, Corn, Fruit & Milk	Corn Dogs, Celery, Fruit & Milk	Ham Sandwiches, Tater Tots, Fruit & Milk	Chicken Stir Fry, Mandarin Oranges & Milk
PM Snack	Teddy Grams	Baked Apple Crisp	Strawberries & Cream	Ice Cream Sandwiches	Mangos & Grahams
Week 5	30	31			
Breakfast	Closed	Cereal, Bananas & Milk			
AM Snack	For	Applesauce & Crackers			
Lunch	Memorial 	Soft Chicken Tacos, Spanish Rice & Milk			
PM Snack	Day	Pretzels & Pears			