

COVENANT SCHOOLS DEL NORTE

June 2022 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		31	1	2	3
Breakfast	Closed	Cereal, Bananas & Milk	Cream Of Wheat & Milk	Toast w/ Jelly & Milk	Cinnamon Rolls and Milk
AM Snack	For	Applesauce & Grahams	Oranges and Grahams	Teddy Grahams	Saltines and Cheese
Lunch	Memorial	Soft Chicken Tacos, Spanish Rice, Fruit & Milk	Broccoli Cheese Soup, Saltines, Apples and Milk	Chicken Pot Pie, Fruit and Milk	Baked Ziti, Garlic Bread, Peas and Milk
PM Snack	Day!	Pretzels & Pears	Trail Mix and Juice	Ambrosia Salad	Goldfish and Fruit
Week 2	6	7	8	9	10
Breakfast	Oatmeal & Milk	Pancakes, Syrup & Milk	Burritos. Orange Juice & Milk	Cream of Wheat, Bananas & Milk	Cereal and Milk
AM Snack	Tortilla and Cheese	Bananas & Grahams	Yogurt & Apples	Vanilla Wafers & Fruit	Crackers & Sunflower Butter
Lunch	Pizza. Mixed Veggies, Fruit and Milk	Hamburgers, Chips, Carrot Sticks and Milk	Tuna Sandwiches, Chips, Fruit & Milk	Enchiladas, Calabacitas and Milk	Fried Rice, Egg Rolls , Fruit & Milk
PM Snack	Cheerios and Mixed Fruit	Cereal Bars & Milk	Pineapple & animal crackers	Cucumbers & Ranch	Mandarin Oranges & crackers
Week 3	13	14	15	16	17
Breakfast	Burritos & Milk	Yogurt w/ Granola & Milk	Biscuit with Gravy and Milk	Cereal, Fruit & Milk	Muffins and Milk
AM Snack	Pears & Pretzels	Marshmallows & Pretzels	Chex Mix	Dried Apples & Juice	Fruit & Crackers
Lunch	Sausage, Rice, Black Bean, Corn and Milk	Sloppy Joes, Green Beans, Fruit & Milk	Mac n Cheese, Green Beans, Fruit & Milk	Waffles, Sausage, Fruit & Milk	Ham & Cheese Roll ups, Tater Tots. Fruit & Milk
PM Snack	Tortillas & Cheese	Goldfish & Juice	Celery & Cream Cheese	Watermelon & Grahams	Granola Bars & Milk
Week 4	20	21	22	23	24
Breakfast	Cereal & Milk	Oatmeal & Milk	Cinnamon Raisin Bagels & Milk	English Muffins & Milk	Cheese Toast & Milk
AM Snack	Fig Newtons	Cantaloupe & Saltines	Goldfish & Apples	Granola Bars & Milk	Cheerios & Fruit
Lunch	Chicken Noodle Soup, Crackers, Oranges & Milk	Taquitos, Spanish Rice, Fruit & Milk	Chicken Patty, Potatoes, Gravy, Corn and Milk	Pasta Salad, Garlic Bread, Fruit & Milk	Spaghetti, Corn, Fruit & Milk
PM Snack	Pineapple & Pretzels	Peaches & Cream	Yogurt	Sidekick Frozen Treat	Townhouse crackers & sunflower butter
Week 5	27	28	29	30	
Breakfast	Cereal, Peaches, and Milk	Yogurt & Blueberries	Waffles & Milk	Cereal, Fruit & Milk	Highlighted Items
AM Snack	Applesauce & Grahams	Muffins & Milk	Goldfish & Juice	Mandarin Oranges and Cheeze-Its	Are In
Lunch	Fettuccine Alfredo, Salad, Fruit & Milk	Turkey & Cheese Roll Ups, Chips, Fruit & Milk	Chef Salad, Breadsticks, Fruit & Milk	Pepperoni Bagel Bites, Fruit & Milk	Celebration Of
PM Snack	Strawberries & Animal Crackers	Ice Cream Sandwiches	Watermelon & Saltines	Celery & Cream Cheese	National Days