



COVENANT SCHOOLS DEL NORTE
March 2021 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1	2	3	4	5
Breakfast	Cereal and Milk	Biscuit, Fruit and Milk	Oatmeal, Fruit, and Milk	Pancakes and Milk	Sausage, Tortillas and Milk
AM Snack	Goldfish and Applesauce	Pretzels and Cheese	Yogurt and Grahams	Veggie Sticks and Ranch	Animal Crackers
Lunch	Chicken Nuggets, Corn, Fruit and Milk	Spaghetti, Salad, Bread Sticks and Milk	Turkey Sandwich, Chips, Fruit and Milk	Quesadilla, Fruit, and Milk	Chicken Noodle Soup, Crackers, Fruit and Milk
PM Snack	Trail Mix	Rice Crispy Treat	Crackers and Wow Butter	Milk and Cookies	Veggies and Ranch
Week 2	8	9	10	11	12
Breakfast	Hash Browns, Fruit, and Milk	Breakfast Burritos, and Milk	Cereal and Milk	Waffles and Milk	Yogurt, Granola and Milk
AM Snack	Fruit Salad	Grahams and Applesauce	Yogurt and Fruit	Apples and Wow Butter	String Cheese and Pretzels
Lunch	Chicken and Rice, Broccoli, Fruit and Milk	Meatballs w/ Gravy, Mashed Potatoes, Fruit and Milk	Loaded Baked Potato Soup, Fruit, Crackers, and Milk	Chef Salad, Crackers. Fruit, and Milk	Fish Sticks, Green Beans, Fruit and Milk
PM Snack	Granola Bar	Trail Mix	Blueberry Muffin	Goldfish Crackers	Alphabet Cookies
Week 3	15	16	17	18	19
Breakfast	Oatmeal, Fruit and Milk	French Toast Sticks and Milk	Muffins w/Jelly and Milk	Bagels w/ Cream Cheese and Milk	Cereal and Milk
AM Snack	Crackers and Cream Cheese	Yogurt and Blueberries	Cinnamon Toast	Apples and Cheese	Carrots with Ranch
Lunch	Taco Salad, Fruit, and Milk	Macaroni and Cheese, Fruit and Milk	Beef Stew, Fruit and Milk	Sloppy Joes, Pickles, Fruit and Milk	Bagel Pizza, Applesauce and Milk
PM Snack	Pretzels with Hummus	Goldfish and Applesauce	Cheez It's and Juice	Veggie Sticks	Trail Mix
Week 4	22	23	24	25	26
Breakfast	Cinnamon Toast and Milk	Cream of Wheat, Fruit, and Milk	Cereal, Fruit and Milk	Oatmeal, Fruit, and Milk	Hash Browns and Milk
AM Snack	Apples and Crackers	Yogurt	Goldfish Crackers	Tortilla with Cinnamon	Fruit Salad
Lunch	Cheese Enchilada, Corn and Milk	Mini Corn Dogs, Fruit, Carrots and Milk	Broccoli Cheese Soup, Biscuit, Fruit, and Milk	Tater Tot Casserole, Fruit, and Milk	Frito Pie, Fruit and Milk
PM Snack	Trail Mix	Chips and Dip	Grahams and Juice	Crackers and Cheese	Veggie Sticks with Ranch
Week 5	29	30	31		
Breakfast	Cereal and Milk	Sausage, Biscuits and Milk	Waffles and Milk	Highlighted	
AM Snack	Yogurt and Fruit	Crackers and Fruit	Applesauce	Items	
Lunch	Chicken Fried Rice, Fruit and Milk	Turkey and Cheese Rollups Fruit, Salad and Milk	Grilled Cheese, Tomato Soup, Fruit and Milk	Are In Celebration Of	
PM Snack	Rice Cakes	Tortilla and Cream Cheese	Trail mix	National Days	