



COVENANT SCHOOLS DEL NORTE FEBRUARY 2021 MENU



	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Week 1					
Breakfast	Cereal and Milk	Yogurt, Fruit and Milk	Biscuit w/Gravy and Milk	Cream of Wheat, Fruit and Milk	Breakfast Burrito and Milk
AM Snack	Cheese and Crackers	Fruit and Crackers	Bagel w/ Cream Cheese	Wow Butter and Tortilla	String Cheese and Pretzels
Lunch	Chicken Nuggets, Peas, Fruit and Milk	Tater Tot Casserole, Fruit and Milk	Hamburger w/ Pickles, Fruit, Chips and Milk	Broccoli Cheese Soup, Biscuit, Fruit and Milk	Fish Sticks, Corn, Fruit and Milk
PM Snack	Applesauce and Goldfish	Veggie Sticks w/ Ranch and Crackers	Rice Krispy Treat	Banana and Grahams	Trail Mix
Week 2					
Breakfast	Hash Browns, Fruit and Milk	Oatmeal, Fruit and Milk	Pancakes, Applesauce and Milk	Cereal, Fruit and Milk	Bagel w/ Cream Cheese and Milk
AM Snack	Fruit Salad	Baked Apples and Grahams	Yogurt and Blueberries	Cinnamon Toast	Pretzels and Hummus
Lunch	Spaghetti, Green Beans, and Milk	Bagel Pizza, Carrot Sticks and Milk	Brown Rice Bowl w/Chicken, Fruit and Milk	Turkey and Cheese Rollup, Fruit and Milk	Grilled Cheese, Tomato Soup and Milk
PM Snack	Rice Cake and Wow Butter	Trail Mix	Cucumbers w/ Ranch and Goldfish Crackers	Cheez-it's and Apples	Granola Bar
Week 3					
Breakfast	CLOSED	Cereal, and Milk	Sausage Biscuit and Milk	Cream of Wheat, Fruit and Milk	Waffles and Milk
AM Snack	FOR	Fruit and Goldfish	Wow Butter and Crackers	Yogurt and Fruit	Cheese and Apple
Lunch	PRESIDENTS	Spanish Rice w/ Beef, Corn and Milk	Cheese Quesadilla, Salsa, Fruit and Milk	Chicken Noodle Soup, Fruit, Crackers and Milk	Sloppy Joes, Tater Tots and Milk
PM Snack	DAY!	Veggie Straws	Fruit and Crackers	Alphabet Cookies	Veggie Sticks w/ Ranch and Crackers
Week 4					
Breakfast	Bagel w/ Cream Cheese and Milk	Oatmeal, Fruit and Milk	French Toast Sticks and Milk	Hash Browns, Fruit and Milk	Cereal and Milk
AM Snack	Fruit and Crackers	Cinnamon Toast	Yogurt and Grahams	Cheese and Pretzels	Animal Crackers
Lunch	Bean and Cheese Burritos, Cucumbers, Fruit and Milk	Macaroni and Cheese, Fruit and Milk	Meatballs w/ Gravy, Rice, Fruit and Milk	Chili, Cornbread, Fruit and Milk	Beef a Roni, Green Beans, Fruit and Milk
PM Snack	Trail Mix	Banana Bread	Veggie Sticks w/ Ranch and Crackers	Fruit and Crackers	Cookies and Milk

Highlighted Items Are In Celebration Of National Days