




Covenant School of Rio Rancho April 2020 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	National Holidays:		1	2	3
Breakfast	20th: Pineapple Upside Down Cake Day!				
AM Snack	23rd: Picnic Day!				
LUNCH	30: Oatmeal Cookie Day!		School Closed	School Closed	School Closed
PM Snack					
WEEK 2	6	7	8	9	10
Breakfast					Closed For
AM Snack					Good Friday
LUNCH	School Closed	School Closed	School Closed	School Closed	
PM Snack					
WEEK 3	13	14	15	16	17
Breakfast	Waffles, Bananas, Milk	Pancakes, Bananas, & Milk	Cereal, Bananas, & Milk	Oatmeal with Fruit & Milk	Turkey & Spinach Egg Cups, Peaches, & Milk
AM Snack	Carrot Sticks & Ranch	Strawberry Yogurt & Grahams	Goldfish & Juice	Apple Juice & Goldfish	Vanilla Yogurt & Blueberries
LUNCH	Teriyaki Chicken, Broccoli, Rice, Pineapple, & Milk	Macaroni & Cheese with Peas, Oranges, & Milk	Tater-tot Casserole with Ground Beef, Mixed Veggies, Oranges, & Milk	Taco Lasagna with Beans, Tomatoes, Tortillas, & Cheese, Peaches, & Milk	Tomato Florentine Soup, Grilled Cheese Sandwiches, Peaches, & Milk
PM Snack	Fudge Brownies & Oranges	Jell-O & Fruit	Sliced Oranges & Pretzels	Jell-O & Fruit	Celery Sticks & Wow! Butter
WEEK 4	20	21	22	23	24
Breakfast	Peach Oatmeal & Milk	Cinnamon Toast, Apples & Milk	Cereal, Oranges, & Milk	Yogurt Parfait (Yogurt, Blueberries & Cheerios) & Milk	Cream of Wheat, Blueberries, & Milk
AM Snack	Sliced Apples & Crackers	Animal Crackers & Juice	Sweet Pickles & Pretzels	Cucumbers & Ranch	Cheese & Pretzels
LUNCH	Chicken Nuggets, Mashed Potatoes, Oranges & Milk	Sloppy Joes, Pickles, Chips, Peaches & Milk	Hamburger Veggie Soup with Barley, Pineapple, & Milk	<u>Salami Sandwiches, Pickles, Pretzels, Fruit & Milk</u>	Hamburger Curry with Carrots & Potatoes Over Rice, Pineapple, & Milk
PM Snack	<u>Pineapple Upside Down Cake</u>	Jell-O w/Fruit	Sliced Oranges & Grahams	Applesauce & Animal Crackers	Bananas & Animal Crackers
WEEK 5	27	28	29	30	
Breakfast	Egg Cups, Bananas & Milk	Cream of Wheat, Oranges & Milk	Cereal, Bananas & Milk	Waffles, Oranges & Milk	
AM Snack	Pretzels & Oranges	Tortillas & Cheese	Crackers & Cheese Cubes	Goldfish & Fruit	
LUNCH	Chicken Noodle Soup w/Mixed Veggies, Pineapple & Milk	Italian Pasta Salad w/Ham, Spinach, Tomatoes and Parmesan, Oranges & Milk	Ham Sandwiches, Pickles, Chips, Peaches & Milk	Quesadillas, Baked Beans, Pineapple & Milk	
PM Snack	Bananas & Graham Crackers	Jell-O w/Fruit	Bananas & Animal Crackers	<u>Oatmeal Cookies & Fruit</u>	