



Covenant Schools of Rio Rancho

February 2020 Menu



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|---|---|---|---|---|
| WEEK 1 | 3 | 4 | 5 | 6 | 7 |
| Breakfast | Oatmeal, Strawberries, & Milk | Blueberry Muffins & Milk | Cereal, Bananas, & Milk | Waffles, Oranges, & Milk | Ham & Cheese Egg Cups, Bananas, & Milk |
| AM Snack | Vanilla Yogurt & Pretzels | Cheese & Crackers | Juice & Goldfish | Carrot Sticks & Ranch | Strawberry Yogurt & Animal Crackers |
| LUNCH | Cheesy Broccoli Soup, Chicken, Rice, Pineapples, & Milk | Tortellini with Spinach Cream Sauce, Bread, Peaches, & Milk | Green Chile Chicken Soup, Tortillas, Peaches, & Milk | Salami Sandwiches, Pickles, Peaches, & Milk | *Fettucine Alfredo , Salad, Pineapple, & Milk |
| PM Snack | Applesauce & Graham Crackers | Jell-O with Fruit | Sliced Apples & Graham Crackers | Celery & Wow! Butter | Pudding & Pretzels |
| WEEK 2 | 10 | 11 | 12 | 13 | 14 |
| Breakfast | Breakfast Casserole, Bananas, & Milk | English Muffins, jelly, & Milk | Cereal, Bananas, & Milk | Bagels, Cream Cheese, Jelly, & Milk | French Toast Sticks, Bananas, & Milk |
| AM Snack | Vanilla Yogurt & Blueberries | Juice & Animal Crackers | Tortillas & Cheese | *Cheddar Cheese & Sliced Apples | Yogurt & Graham Crackers |
| LUNCH | Chicken Noodle Soup with Mixed Vegetables, Saltines, Pineapples, & Milk | Macaroni & Cheese, Peas, Peaches, & Milk | Hamburger Vegetable Soup with Rice, Saltines, Pineapple, & Milk | Potato & Beef Tacos with Cheese and Lettuce, Pineapples, & Milk | Tomato Noodle Soup, Saltines, Pineapples, & Milk |
| PM Snack | String Cheese & Sliced Apples | Jell-O with Fruit | Sliced Apples & Wow! Butter | Bananas & Vanilla Wafers | Pretzels & Cheese |
| WEEK 3 | 17 | 18 | 19 | 20 | 21 |
| Breakfast | Closed | Cream of Wheat, Fruit, & Milk | Cereal, Bananas, & Milk | Oatmeal, Blueberries, & Milk | Bacon & Cheese Egg Cups, Bananas, & Milk |
| AM Snack | For | Pretzels & Cheese | Crackers & Lunch Meat | Celery Sticks & Ranch | Yogurt & Graham Crackers |
| LUNCH | Presidents | Chicken & Rice Soup with Mixed Vegetables, Peaches, & Milk | Mini Pizzas, Carrot Sticks, Pineapples, & Milk | Meatball Soup with Mixed Vegetables, Rice, Peaches, & Milk | Penne Pasta in Marinara Sauce, Salad, Pineapple, & Milk |
| PM Snack | Day! | Jell-O with Fruit | Sliced Oranges & Animal Crackers | Cucumbers & Saltines | Bananas & Animal Crackers |
| WEEK 4 | 24 | 25 | 26 | 27 | 28 |
| Breakfast | Blueberry Muffins & Milk | Breakfast Tacos, Oranges, & Milk | Cereal Bananas, & Milk | Waffles, Oranges, & Milk | Ham, Cheese, & Potato Egg Cups, Bananas, & Milk |
| AM Snack | Tortillas & Cheese | Goldfish & Juice | Ham & Crackers | *Strawberry Yogurt & Bananas | Cucumbers & Ranch |
| LUNCH | Ham & Cheese Sandwiches, Pickles, Pineapples, & Milk | Cheesy Potato Soup, Peaches, & Milk | Bean & Cheese Burritos, Corn, Fruit, & Milk | *Chili Soup with Beef and Beans, Saltines, Pineapple, & Milk | Teriyaki Chicken with Broccoli & Rice, Pineapples, & Milk |
| PM Snack | Banana Bread & Milk | Jell-O with Fruit | Sliced Oranges & Pretzels | Celery & Wow! Butter | Bananas & Vanilla Wafers |
| WEEK 5 | | | | | |
| Breakfast | National Holidays: | | | | |
| AM Snack | 7th: Fettucine Alfredo Day | | | | |
| Lunch | 13th: Cheddar Day | | | | |
| PM Snack | 27th: Strawberry Day | | | | |
| | 27th: Chili Day | | | | |

