

# COVENANT SCHOOLS DEL NORTE, L.L.C.

May 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>			1	2	3
<b>Breakfast</b>			Oatmeal Muffins, Fruit, and Milk	Waffles, Fruit, and Milk	Egg Burritos and Milk
<b>AM Snack</b>			Apples and Wow Butter	Fruit Salad and Cheerios	Cream Cheese and Crackers
<b>Lunch</b>	Highlighted items indicate National Day Celebration		Enchiladas, Spanish Rice, Beans, and Milk	Cheesy Potato Soup, Crackers, Fruit, and Milk	Turkey Sandwiches, Cucumbers, Fritos, and Milk
<b>PM Snack</b>			Wheat Thins and Fruit	Alphabet Crackers and Milk	Jell-O and Fruit
<b>Week 2</b>	6	7	8	9	10
<b>Breakfast</b>	Cereal, Fruit, and Milk	Breakfast Casserole, Fruit, Milk	Bagels with Cream Cheese, Fruit, and Milk	Sausage, Tortillas, and Milk	Oatmeal with Peaches and Milk
<b>AM Snack</b>	Cheez-Its and Juice	Yogurt and Granola	Cinnamon Apples	Cheddar Cheese and Crackers	Tortilla and Oranges
<b>Lunch</b>	Sesame Chicken Pasta, Broccoli, Fruit, and Milk	Meatballs w/ Gravy, Mashed Potatoes, Green Beans, and Milk	Sloppy Joes, Carrots, Watermelon, and Milk	Chef Salad, Breadsticks, Fruit, and Milk	Tater Tot Casserole, Mixed Veggies, Fruit, and Milk
<b>PM Snack</b>	Jelly Rollups	Fruit Salad	Snap Peas and Saltines	Pretzels and Pudding	English Muffins and Jelly
<b>Week 3</b>	13	14	15	16	17
<b>Breakfast</b>	French Toast, Fruit, and Milk	Waffles, Fruit, and Milk	Cereal, Fruit, and Milk	Banana Muffins and Milk	Egg and Cheese Puffs, Juice, and Milk
<b>AM Snack</b>	Veggie Sticks and Ranch	<b>Biscuits and Jelly</b>	Mini Wow Butter and Banana Sandwiches	Fruit Salad and Pretzel Sticks	Apples and Wow Butter
<b>Lunch</b>	Scalloped Potatoes with Cheese, Peas, Oranges, and Milk	Mac-and-Cheese, Mixed Veggies, Pineapple, and Milk	Chicken Noodle Soup, Cheese, Crackers, and Milk	Teriyaki Chicken with Rice, Oriental Veggies, and Milk	Chicken Nuggets, Broccoli, Fruit, and Milk
<b>PM Snack</b>	<b>Fruit Cocktail</b>	Goldfish and Juice	Apple Sauce Muffins	Trail Mix and Juice	Yogurt and Graham Crackers
<b>Week 4</b>	20	21	22	23	24
<b>Breakfast</b>	Waffles, Fruit, and Milk	Oatmeal with Blueberries and Milk	Yogurt and Peaches	Cereal, Fruit, and Milk	Pancakes, Fruit, and Milk
<b>AM Snack</b>	Turkey Cheese Rollups	<b>Strawberries and Cream</b>	Cinnamon Toast	Veggie Sticks and Ranch	Sweet Potato Fries
<b>Lunch</b>	Chicken and Rice Casserole, Green Beans, Fruit, and Milk	Mexican Pasta w/ Black Beans, Watermelon, Milk	Fish Tacos, Coleslaw, Oranges, Milk	Shrimp Fried Rice, Mixed Veggies, Fruit, and Milk	Bean and Cheese Burritos, Carrot Sticks, and Milk
<b>PM Snack</b>	Apple Sauce and Animal Crackers	Cucumbers and Ranch	<b>Vanilla Pudding</b> and Graham Crackers	Granola Bars	Blueberries and Vanilla Wafers
<b>Week 5</b>	27	28	29	30	31
<b>Breakfast</b>	<b>CLOSED</b>	Cereal, Fruit, and Milk	Scrambled Eggs, Juice, and Milk	Bagels with Jelly, Fruit, and Milk	French Toast Sticks, Fruit, and Milk
<b>AM Snack</b>	<b>FOR</b>	Hashbrown Patties w/ ketchup	English Muffins with Butter	Cheerios and Apple Sauce	Trail mix
<b>Lunch</b>	<b>MEMORIAL</b>	<b>Hamburgers</b> , Asparagus, Fruit, Milk	Fajitas, Spanish Rice, Fruit, and Milk	Chicken Patty Sandwiches, Baked Potato, Fruit and Milk	Frito Pie, Corn, Fruit, and Milk
<b>PM Snack</b>	<b>DAY</b>	Cereal Bars	String Cheese and Club Crackers	Pretzels and Strawberries	Cucumbers and Cream Cheese