

COVENANT SCHOOLS DEL NORTE, L.L.C.

March 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					1
Breakfast	HIGHLIGHTED ITEMS ARE IN				Cereal, Fruit, Milk
AM Snack	CELEBRATION OF NATIONAL				Celery & Wow Butter
Lunch	DAYS!!				Turkey Sandwiches, Tater Tots, Cinnamon Apples, & Milk
PM Snack					Cucumbers, Ranch, Crackers
Week 2	4	5	6	7	8
Breakfast	Pancakes, Bananas, Milk	Bagels, Jelly, Juice & Milk	Cream of Wheat, Oranges and Milk	Biscuits, Jelly, Oranges, & Milk	Cereal, Fruit and Milk
AM Snack	Pretzels & Cheese	Cinnamon apples & Goldfish	String Cheese and Crackers	Cereal Bars	Trail Mix and Juice
Lunch	Bean Burritos w/cheese, Salad, Oranges, & Milk	Creamy Chicken Enchiladas, Ranch Beans, Salad & Milk	Chicken and Mixed Veggie Stir-fry w/ Rice, Mashed Sweet Potatoes & Milk	Frito Pie, Corn, Fruit and Milk	Fish Sticks, Peas and Oranges
PM Snack	Chips, Salsa & Lemonade	Graham Crackers & Fruit	Banana Muffins	Jell-O with Fruit	Tortillas and Wow Butter
Week 3	11	12	13	14	15
Breakfast	Bagels and Cream Cheese, Fruit and Milk	Cereal, Fruit and Milk	English Muffins, Jelly, Fruit and Milk	French Toast, Juice and Milk	Cinnamon Toast, Fruit and Milk
AM Snack	Goldfish and Juice	Graham Crackers & Oranges	Cheerios and Fruit	Carrots, Ranch and Pretzels	Jelly Rollups
Lunch	Chef Salad, Breadsticks, Pineapple and Milk	Chicken Nuggets, Green Beans, Applesauce & Milk	Quesadillas, Apples, Green beans and Milk	Hamburgers, Potato Chips , Broccoli and Milk	Pancakes, Sausage, Fruit and Milk
PM Snack	Cookies and Milk	Tortillas and Cheese	Celery and Crackers	Goldfish and Oranges	Animal Crackers and Applesauce
Week 4	18	19	20	21	22
Breakfast	Cereal, Fruit and Milk	Yogurt, Granola, Fruit and Milk	Egg Burritos, Fruit and Milk	Cinnamon Toast, fruit and Milk	French Toast, Fruit and Milk
AM Snack	Apples and Wow Butter	Cheese Its and Juice	String Cheese and Crackers	Mini Wow Butter & Jelly Sandwiches	Animal Crackers and Oranges
Lunch	Sloppy Joes	Macaroni and Cheese, Salad, Fruit and Milk	Bagel Cheese Pizza, Oranges, Carrot Sticks and Milk	Turkey Wraps w/Cheese, Salad, Mandarin Oranges & Milk	Meatballs, Mashed potatoes and Gravy, Green Beans and Milk
PM Snack	Cucumbers w/ Ranch and Crackers	Rice Krispy Treats	Pudding and Vanilla Wafers	Pretzels and Cinnamon Apples	Crackers and Cheese
Week 5	25	26	27	29	30
Breakfast	Pancakes, Fruit and Milk	English Muffins, Jelly, Fruit and Milk	Biscuits, Jelly and Milk	Hash brown Patties, Fruit and Milk	Cereal, Fruit and Milk
AM Snack	Cinnamon Biscuits	Vanilla Wafers and Pineapple	Trail Mix and Juice	Yogurt and Granola	Oranges and Pretzels
Lunch	Grilled Cheese, Tomato Soup, Fruit, Milk	Fettuccini Alfredo, Breadsticks, Salad and Milk	Spanish Rice with ground beef, Corn, Fruit and Milk	Spaghetti with Meat sauce, Salad and Milk	Wow Butter and Banana Sandwiches, Chips, Fruit and Milk
PM Snack	Cheerios and Applesauce	String Cheese and Veggies	Cinnamon Tortilla Rollups	Bananas and Grahams	Oatmeal cookies and milk