



Covenant Schools of Rio Rancho December 2018 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	3	4	5	6	7
Breakfast	Blueberry Muffins & Milk	Biscuits with Gravy, Peaches & Milk	Cereal, Bananas, & Milk	Cream of Wheat, Pears, & Milk	Strawberry Oatmeal & Milk
AM Snack	Animal Crackers & Juice	Cheese Cubes & Saltines	Applesauce & Goldfish	Pretzels & Juice	Sliced Apples & Cheese
LUNCH	Ham & Cheese Sandwiches, Pickles, Peaches, & Milk	Chicken & Rice Casserole with Green Beans, Pears, & Milk	Hamburger Vegetable Soup with Rice, Oranges, & Milk	Spaghetti with Meat Sauce, Salad, Bread, & Milk	Macaroni & Cheese, Pineapples, Peas, & Milk
PM Snack	Pudding & Graham Crackers	Oranges & Pretzels	Banana Bread & Milk	Carrots & Saltines	Bananas & Grahams
WEEK 2	10	11	12	13	14
Breakfast	Cream Of Wheat, Pears, & Milk	Biscuits, Jelly, & Milk	Cereal, Bananas, & Milk	French Toast Sticks, Oranges, & Milk	Bagels, Cream Cheese, Jelly, & Milk
AM Snack	Animal Crackers & Juice	Bananas & Grahams	String Cheese & Crackers	Yogurt & Vanilla Wafers	Tortillas & Cheese
LUNCH	Tomato Florentine Soup, Crackers, Peaches, & Milk	Turkey & Cheese Sandwiches, Pickles, Peaches, & Milk	Hamburger Tater Tot Casserole with Veggies, Pineapple, & Milk	Ravioli with Marinara Sauce, Salad, Pears, & Milk	Chicken Noodle Soup with Veggies, Pineapples, & Milk
PM Snack	Carrots & Saltines	Cookies & Milk	Ambrosia Salad & Saltines	Sliced Apples & Wow! Butter	Bananas & Animal Crackers
WEEK 3	17	18	19	20	21
Breakfast	Pancakes , Bananas, & Milk	Cinnamon Toast, Oranges, & Milk	Cereal, Bananas, & Milk	Cream of Wheat, Oranges, & Milk	Waffles, Sliced Apples, & Milk
AM Snack	Vanilla Wafers & Milk	Goldfish & Juice	Applesauce & Crackers	Yogurt & Blueberries	Pretzels & Fruit
LUNCH	Cheesy Potato Soup w/Ham, Crackers, Peaches, & Milk	Teriyaki Chicken, Rice, Broccoli, Pineapple, & Milk	Cheesy Broccoli Soup with Chicken, Oranges, & Milk	Green Chile Chicken Stew, Tortillas, Pineapple, & Milk	Tomato Soup with Chicken & Rice, Peaches, & Milk
PM Snack	Crackers & Fruit	Jell-O & Fruit	Cucumbers & Saltines	Sliced Apples & Grahams	Bananas & Pudding
WEEK 4	24	25	26	27	28
Breakfast	Closed	Closed	Cereal, Bananas, & Milk	English Muffins, Jelly, & Milk	Breakfast Casserole, Apricots, & Milk
AM Snack	For	For	Oranges & Pretzels	Yogurt & Graham Crackers	Carrots & Ranch
LUNCH	Christmas!	Christmas!	Mini Pizzas, Salad, Pineapple, & Milk	Chicken Nuggets, Mashed Potatoes, Peaches, & Milk	Green Chile Beef Stew, Tortillas, Peaches, & Milk
PM Snack			Cinnamon Apples & Saltines	Celery & Wow! Butter	Brownies & Milk
WEEK 5	31				
Breakfast	Strawberry Oatmeal & Milk	Special Days:			
AM Snack	Strawberry Yogurt & Animal Crackers	12: Ambrosia Day			

LUNCH	Beef & Barley Stew with Veggies, Pineapple, & Milk	17: Maple Syrup Day			
PM Snack	Bananas & Grahams				