



COVENANT SCHOOLS DEL NORTE, L.L.C.



December 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	3	4	5	6	7
Breakfast	Yogurt & Granola, Fruit & Milk	Cereal, Fruit & milk	Bagel & Cream Cheese, Fruit & Milk	Pancakes, Syrup, Fruit & Milk	Cinnamon Toast, Applesauce & Milk
AM Snack	Goldfish & Fruit	Cheese & Crackers	Applesauce & Grahams	WOW Butter & Pretzels	Yogurt & Goldfish
Lunch	Hamburgers, Pickles, Chips, Fruit & Milk	Bean & Cheese Burritos, Fruit & Milk	WOW Butter, Jelly Sandwiches, Veggie Sticks, Fruit & Milk	Red Chile Enchiladas, Salad, Fruit & Milk	Pizza, Veggie Sticks & Milk
PM Snack	Tortillas & Jelly Roll-Ups & Milk	Jello, Fruit & Milk	Banana Bread & Milk	Fruit & Crackers	Trail Mix & Juice
Week 2	10	11	12	13	14
Breakfast	Cereal, Fruit & Milk	Cream of Wheat, Fruit & Milk	Yogurt w/Granola, Fruit & Milk	Cinnamon Toast, Juice & Milk	Bagels w/Jelly, Fruit Milk
AM Snack	Fruit & Crackers	Trail Mix & Juice	Tortilla Jelly Roll Up w/ Milk	Applesauce & Grahams	Fruit & Crackers
Lunch	Cheese Enchiladas w/Salad & Milk	Chicken w/Rice, Vegetables w/ Fruit & Milk	Broccoli Cheese Soup, Crackers, Fruit & Milk	Meatballs w/Gravy, Rice, Fruit & Milk	Green Chile Stew, Tortillas, Fruit & Milk
PM Snack	Pretzels & WOW Butter	String Cheese & Crackers	Ambrosia w/ Crackers	Wow Butter & Crackers	Veggie Sticks w/ Ranch & Crackers
Week 3	17	18	19	20	21
Breakfast	Pancakes w/ Maple Syrup, Fruit & Milk	Waffles, Fruit & Milk	Cereal, Fruit & Milk	Egg Bites, Fruit & Milk	Bagels w/ Cream Cheese, Fruit & Milk
AM Snack	Pretzels & Apples	Bananas & Grahams	WOW Butter & Celery	Cinnamon Apples & Milk	Yogurt & Granola
Lunch	Chef Salad, Breadsticks, Fruit & Milk	Spaghetti w/Sauce, Fruit & Milk	Chicken Tacos, Lettuce, Cheese, Tomato, Fruit & Milk	Tuna Sandwiches, Chips, Fruit & Milk	Mac & Cheese, Green Beans, Fruit & Milk
PM Snack	Tortillas & Cheese	Goldfish & Fruit	Oatmeal Muffins w/Milk	Pudding & Grahams	Cookies & Milk

Week 4	24	25	26	27	28
Breakfast	NO	NO	Toast w/Jelly, Juice & Milk	Oatmeal w/Fruit & Milk	French Toast Sticks, Fruit & Milk
AM Snack	SCHOOL	SCHOOL	TH Crackers & WOW Butter	Cheese & Crackers	Goldfish & Oranges
Lunch	MERRY	MERRY	Grilled Cheese, Tomato Soup, Fruit & Milk	Scalloped Potatoes, Broccoli, Fruit & Milk	Chicken Nuggets w/Green Beans, Fruit & Milk
PM Snack	CHRISTMAS!	CHRISTMAS!	Candy Cane Brownies & Milk	Chips & Salsa	Apples & Crackers
Week 5	31				
Breakfast	Cinnamon Toast, Fruit & Milk		Highlighted Items are in celebration of National Days		
AM Snack	Animal Crackers & Fruit				
Lunch	Turkey Sandwiches, Chips, Fruit & Milk				
PM Snack	Jello w/Fruit & Crackers				