



# COVENANT SCHOOLS DEL NORTE, L.L.C.



## August 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>			1	2	3
<b>Breakfast</b>			Wow Butter Toast w/Bananas, Milk	Hashbrowns w/Eggs, Fruit & Milk	Banana Crumble Muffins, Fruit & Milk
<b>AM Snack</b>			Cheese Sticks & Apples	Applesauce & Grahams	Goldfish & Oranges
<b>Lunch</b>		Highlighted Items are in Celebration of National Days!	Frito Pie, Corn, Fruit & Milk	Spaghetti w/ Meat Sauce, Garlic Bread, Fruit & Milk	Red Chili Enchiladas, Corn, Watermelon & Milk
<b>PM Snack</b>			Bell Peppers w/Ranch & Crackers	Chocolate Pudding & Wafers	Cheerios & Pineapple
<b>Week 2</b>	6	7	8	9	10
<b>Breakfast</b>	Cereal, Fruit & Milk	Waffles, Fruit & Milk	Cinnamon Toast, Fruit & Milk	English Muffins w/ Jelly, Fruit & Milk	Oatmeal, Fruit & Milk
<b>AM Snack</b>	Watermelon & Grahams	String Cheese & Pretzels	Apples & Cereal Bar	Mandarin Oranges w/ Yogurt	Veggie Sticks & Crackers
<b>Lunch</b>	Mexicali Pie, Spanish Rice, Fruit & Milk	Baked Ziti, Green Beans, Fruit & Milk	Chicken Nuggets, Baked Beans, Fruit & Milk	Chef's Salad, Breadstick, Fruit & Milk	Tomato Soup, Grilled Cheese, Fruit & Milk
<b>PM Snack</b>	Cucumbers & Goldfish	Vanilla Pudding & Cheerios	Veggie Sticks w/ Ranch & Crackers	Rice Pudding & Bananas	Quesadillas & Juice
<b>Week 3</b>	13	14	15	16	17
<b>Breakfast</b>	Bagels w/ Cream Cheese, Fruit & Milk	Cream of Wheat, Fruit & Milk	Yogurt w/ Granola, Fruit & Milk	Egg & Cheese Burritos, Fruit & Milk	Cereal Fruit & Milk
<b>AM Snack</b>	Celery, Wow Butter, & Crackers	Veggie Straws & Cheese	Goldfish & Juice	Bananas & Grahams	Cinnamon Biscuits & Milk
<b>Lunch</b>	Red Beans & Rice, Salad, Fruit & Milk	Chicken Pasta Salad, Watermelon & Milk	Meatball Sandwiches, Mashed Potatoes, Fruit & Milk	Southwestern Chicken Salad, Tortillas, Fruit & Milk	Turkey & Cheese Sandwiches, Pickles, Fruit & Milk
<b>PM Snack</b>	Vanilla Pudding & Apples	Bell Peppers & Ranch	Cream Cheese & Crackers	Apples & Wow Butter	Oatmeal Cookies & Milk
<b>Week 4</b>	20	21	22	23	24
<b>Breakfast</b>	Cheese Toast, Fruit & Milk	Egg Bites, Fruit & Milk	Biscuits & Gravy, Fruit & Milk	Oatmeal, Fruit & Milk	Waffles, Fruit & Milk
<b>AM Snack</b>	Yogurt w/ Fruit Juice	Pretzels & Bananas	Apples & Sting Ceese	Oranges & Cinnamon Biscuits	Cantaloupe & Grahams
<b>Lunch</b>	Teriyaki Chicken & Rice, Vegetables, Fruit & Milk	Cheese Pizza, Carrot Sticks, Fruit & Milk	Macaroni & Cheese, Green Beans, Applesauce & Milk	Hamburgers, Lettuce, Tomato, Pickle, Fruit & Milk	Chicken Salad Sandwiches, Chips, Watermelon, & Milk
<b>PM Snack</b>	Peaches & Animal Crackers	Wow Butter & Crackers	Cantaloupe & Cheeze It'z Crackers	Cucumbers w/ Ranch & Crackers	Brownies & Milk
<b>Week 5</b>	27	28	29	30	31
<b>Breakfast</b>	Breakfast Casserole, Fruit & Milk	Wow Butter Toast, Fruit & Milk	Waffles, Fruit & Milk	Cereal, Fruit & Milk	Cream of Wheat, Fruit & Milk
<b>AM Snack</b>	Applesauce & Animal Crackers	Peaches & Crackers	Granola Bars & Juice	Bananas & Wow Butter Sandwiches	Yogurt & Pretzels
<b>Lunch</b>	Nachos, Salad, Fruit & Milk	Tater Tot Casserole, Celery Sticks, Fruit & Milk	BBQ Sandwiches, Chips, Fruit & Milk	Quesadillas, Mixed Vegetables, Fruit & Milk	Chicken Alfredo, Breadsticks, Salad, Fruit & Milk
<b>PM Snack</b>	Pretzels & Oranges	String Cheese & Apples	Rice Crispy Treats & Milk	Veggie Sticks w/ Ranch & Ritz Crackers	Trail Mix & Juice