



## Covenant Schools of Rio Rancho February 2018 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>				<b>1</b>	<b>2</b>
<b>Breakfast</b>		<b>National Holidays:</b>		Cream of Wheat, Strawberries, & Milk	Waffles, Bananas, & Milk
AM Snack		<b>7: Fettuccine Alfredo Day</b>		Carrots & Ranch	Yogurt & Graham Crackers
<b>LUNCH</b>		<b>9: Bagel Day 22: Chili Day</b>		Hamburger Tater Tot Casserole with Vegetables, Peaches, & Milk	Italian Pasta Salad with Spinach, Tomato, & Ham, Pineapple, & Milk
PM Snack		<b>23: Banana Bread Day</b>		Chocolate Pudding & Bananas	Goldfish & Juice
<b>WEEK 2</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>Breakfast</b>	Blueberry Muffins & Milk	Oatmeal, Strawberries, & Milk	Cereal, Bananas, & Milk	Breakfast Casserole, Apricots, & Milk	*Bagels, Cream Cheese, Jelly, & Milk
AM Snack	Cucumbers & Saltines	String Cheese & Applesauce	Pretzels & Mangos	Bananas & Vanilla Wafers	Sliced Oranges & Pretzels
<b>LUNCH</b>	Ham & Cheese Sandwiches, Pickles, Chips, & Milk	Beef & Barley Stew with Vegetables, Bread, Pineapple, & Milk	*Fettuccine Alfredo with Chicken, Salad, Peaches, & Milk	Chicken Fajitas with Vegetables, Pineapples, & Milk	Cheesy Broccoli Soup with Chicken & Rice, Saltines, Peaches, & Milk
PM Snack	Rice Krispie Treats & Juice	Jell-O & Fruit	Cinnamon Apples & Graham Crackers	Pretzels & Cheese	Brownies & Milk
<b>WEEK 3</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>Breakfast</b>	English Muffins, Jelly, & Milk	Pancakes, Blueberries, & Milk	Cereal, Bananas, & Milk	Biscuits & Gravy, Peaches, & Milk	Ham & Cheese Egg Cups, Bananas, & Milk
AM Snack	Yogurt & Graham Crackers	Carrots & Ranch	Sliced Cheese & Crackers	Celery & Wow! Butter	Tortillas & Sliced Cheese
<b>LUNCH</b>	Sloppy Joes, Pickles, Chips, Peaches, & Milk	Quesadillas, Baked Beans, Pineapples, & Milk	Chicken Pot Pie Soup with Vegetables, Peaches, & Milk	Chef Salad, Croutons, Apricots, & Milk	Macaroni & Cheese, Peas, Pineapples, & Milk
PM Snack	Goldfish & Juice	Vanilla Wafers & Pudding	Cucumbers & Pretzels	Applesauce & Goldfish	Graham Crackers & Bananas
<b>WEEK 4</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>Breakfast</b>	<b>Closed</b>	Waffles, Oranges, & Milk	Cereal, Bananas, & Milk	Cinnamon Toast, Oranges, & Milk	Oatmeal, Strawberries, & Milk
AM Snack	<b>For</b>	Yogurt & Blueberries	Cheese Cubes & Pretzels	Applesauce & Graham Crackers	Carrots & Saltines
<b>LUNCH</b>	<b>Presidents'</b>	Hearty Meatball Soup, Bread, Peaches, & Milk	Teriyaki Chicken, Rice, Broccoli, Pineapple, & Milk	Frito Pie with *Chili, Chips, Lettuce, Sour Cream, Mangos, & Milk	Chicken Nuggets, Mashed Potatoes, Pineapple, & Milk
PM Snack	<b>Day!!!</b>	Carrots & Saltines	Graham Crackers & Pudding	Celery & Wow! Butter	*Banana Bread & Juice
<b>WEEK 5</b>	<b>26</b>	<b>27</b>	<b>28</b>		
<b>Breakfast</b>	Cream of Wheat, Apricots, & Milk	Biscuits, Jelly, & Milk	Cereal, Bananas, & Milk		
AM Snack	Bananas & Graham Crackers	Cheese Cubes & Crackers	Yogurt & Blueberries		
<b>LUNCH</b>	Spaghetti with Meat Sauce, Salad, Pineapple, & Milk	Chicken & Rice Casserole with Green Beans, Peaches, & Milk	Zuppa Toscana, Saltines, Pineapples, & Milk		
PM Snack	Sliced Apples & Wow! Butter	Chocolate Pudding & Bananas	Cucumbers & Saltines		