



COVENANT SCHOOLS DEL NORTE, L.L.C



February 2018 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				1	2
Breakfast		Highlighted Days are in Celebration		Oatmeal, Fruit & Milk	Cereal, Fruit & Milk
AM Snack		Of National Days!		Goldfish & Apples	Oranges & Saltines
Lunch				Spaghetti w/ Meat Sauce, Salad, Fruit & Milk	Chef Salad, Fruit, Breadsticks & Milk
PM Snack				Carrots w/Ranch & Crackers	Cucumbers w/ Ranch & Pretzels
Week 2	5	6	7	8	9
Breakfast	Croissants w/ Jelly, Fruit & Milk	French Toast Sticks, Fruit & Milk	Yogurt, Bananas & Milk	Cheese Toast, Fruit & Juice	Bagels w Cream Cheese, Fruit & Milk
AM Snack	Bananas & Grahams	Goldfish & Juice	Pretzels & Apples	Celery w/ WOW Butter	Oranges & Saltines
Lunch	Hamburgers, Lettuce, Tomato, Fruit & Milk	Mac & Cheese, Broccoli, Fruit & Milk	Fettuccini Alfredo , Salad, Fruit & Milk	Grilled Cheese, Tomato Soup, Oranges & Milk	Taco Soup, Fruit, Tortillas & Milk
PM Snack	Quesadillas & Apples	Jello w/Fruit & Grahams	Fruit & Crackers	Applesauce & Pretzels	Muffins & Milk
Week 3	12	13	14	15	16
Breakfast	Cereal, Fruit & Milk	Cream of Wheat, Fruit & Milk	Waffles, Fruit & Juice	Biscuits w/ Jelly, Fruit & Milk	Yogurt, Fruit & Milk
AM Snack	Yogurt & Grahams	String Cheese & Apples	Cheese Toast & Oranges	Pretzels & Bananas	Apples & TH Crackers
Lunch	Baked Ziti, Salad, Pineapples & Milk	WOW Butter & Jelly Sandwiches, Chips, Fruit & Milk	Chicken Nuggets, Corn, Fruit & Milk	Broccoli Cheese Casserole, Fruit & Milk	Tuna Sandwiches, Tater Tots, Fruit & Milk
PM Snack	Trail Mix & Juice	Carrots Sticks w/ Ranch & Crackers	Pudding & Vanilla Wafers	Veggie Sticks w/Ranch & Crackers	Cheeze Its & Juice
Week 4	19	20	21	22	23
Breakfast	No	Cinnamon Toast, Fruit & Milk	Oatmeal, Fruit & Juice	French Toast Sticks, Fruit & Milk	Cereal, Fruit & Milk
AM Snack	School	Celery & Crackers	Tortillas & Cheese	Fruit & Crackers	Apples & WOW Butter
Lunch	President's Day!!	Quesadillas, Mixed Veggies, Fruit & Milk	Fish Sticks, Carrots, Mandarin Oranges & Milk	Chili , Cornbread, Salad, Fruit & Milk	Pizza, Veggie Sticks, Fruit & Milk
PM Snack		Animal Crackers & Milk	Applesauce & Crackers	Trail Mix & Juice	Banana Bread & Milk
Week 5	26	27	28		
Breakfast	Cheese Toast, Fruit & Milk	Yogurt, Granola & Milk	Waffles, Fruit & Milk		
AM Snack	Bananas & WOW Butter	Cheeze Its & Apples	Cinnamon Toast & Fruit		
Lunch	Sloppy Joes, Tator Tots, Fruit & Milk	Bean Burritos w/ Cheese & Salsa, Peaches & Milk	Chicken Parmesan, Green Beans, Fruit & Milk		
PM Snack	Chips & Salsa	Grahams & Fruit Cocktail	Apples & Cheese		