



COVENANT SCHOOLS DEL NORTE, L.L.C
September 2017 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					1
Breakfast	Highlighted items are				Quiche, Fruit & Milk
AM Snack	in Celebration of				String Cheese & Pretzels
Lunch	National Days!				Meatballs, Gravy & Rice, Fruit & Milk
PM Snack					Applesauce & Crackers
Week 2	4	5	6	7	8
Breakfast	NO	Cream of Wheat, Apples & Milk	Biscuits & Jelly, Oranges & Milk	French Toast, Fruit & Milk	Breakfast Burritos, Fruit & Milk
AM Snack	SCHOOL!	Oranges & Animal Crackers	Yogurt & Crackers	Bananas & Grahams	Pretzels & Cheese
Lunch	LABOR	Cheese Pizza, Salad, Fruit & Milk	Teriyaki Chicken, Broccoli, Fruit & Milk	Corn Dogs, Mixed Veggies, Fruit & Milk	BBQ Chicken Sandwiches, Chips, Fruit & Milk
PM Snack	DAY!	Carrots & Ranch	Bananas & WOW Butter	Goldfish & Apple Juice	Fruit & Crackers
Week 3	11	12	13	14	15
Breakfast	Bagels & Creams Cheese, Fruit & Milk	Cereal, Fruit & Milk	Waffles, Fruit & Milk	Oatmeal, Fruit & Milk	Cheese Toast, Fruit & Milk
AM Snack	Fruit & Crackers	Trail Mix & Juice	String Cheese & Pretzels	Apples & Grahams	Crackers & WOW Butter
Lunch	Green Chile Stew, Fruit & Milk	Baked Ziti, Salad, Fruit & Milk	Chicken Nuggets, Green Beans, Fruit & Milk	Quesadillas, Corn, Fruit & Milk	Calabacitas, Rice, Fruit & Milk
PM Snack	Chips & Salsa	Ants on a Log & Milk	Apples & Crackers	Cheese & Crackers	Brownies & Milk
Week 4	18	19	20	21	22
Breakfast	Breakfast Burritos, Fruit & Milk	Waffles, Fruit & Milk	Hot Cereal, Fruit & Milk	Cereal, Fruit & Milk	Biscuits & Gravy, Fruit & Milk
AM Snack	Yogurt & Crackers	Bananas & Grahams	Oranges & Saltines	Trail Mix & Juice	Tortillas & Cheese
Lunch	Chicken Parmesan, Salad, Fruit & Milk	Cheeseburger, Salad, Fruit & Milk	Chicken Noodle Soup, Fruit & Milk	Turkey Sandwiches, Salad, Fruit & Milk	Tater Tot Casserole, Fruit & Milk
PM Snack	Cucumbers & Ranch	String Cheese & Crackers	Jello & Fruit	Blueberry Muffins & Milk	Apples & WOW Butter
Week 5	25	26	27	28	29
Breakfast	Bagels, Fruit & Milk	Cereal, Fruit & Milk	Oatmeal, Fruit & Milk	French Toast, Fruit & Milk	Waffles, Fruit & Milk
AM Snack	Fruit & Crackers	Yogurt & Crackers	Oranges & Crackers	Trail Mix & Juice	Bananas & Grahams
Lunch	Chicken Tacos, Lettuce, Tomatoes, Fruit & Milk	Mac & Cheese, Green Beans, Fruit & Milk	Chicken Fried Rice, Fruit & Milk	Fish Sticks, Corn, Fruit & Milk	Grilled Cheese, Tomato Soup, Fruit & Milk
PM Snack	Chips & Salsa	Celery & Ranch	Chocolate Milk & Grahams	Pudding & Wafers	Fruit & Crackers