



COVENANT SCHOOLS DEL NORTE, L.L.C.



May 2017 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1	2	3	4	5
Breakfast	Cereal, Fruit, Milk	Oatmeal, Fruit, Milk	Waffles, Fruit, Milk	Bagels & Cream Cheese, Orange Juice & Milk	Biscuits & Jelly, Fruit & Milk
AM Snack	Yogurt & Grahams	Fruit & Crackers	Pretzels & String Cheese	Apples & WOW Butter	Bananas & Grahams
Lunch	Cheese Pizza, Salad, Fruit & Milk	Chicken Nuggets, Green Beans, Peaches & Milk	Spaghetti w/ Meat Sauce, Salad, Fruit & Milk	Hamburgers, Carrots, Fruit & Milk	Green Chili Enchiladas, Corn, Fruit & Milk
PM Snack	Tortillas & WOW Butter	Carrots, Crackers & Ranch	Trail mix & Juice	Chips & Salsa	Blueberry Bread & Milk
Week 2	8	9	10	11	12
Breakfast	Pancakes, Fruit & Milk	Hot Cereal, Fruit & Milk	Biscuits & Gravy, Fruit & Milk	Waffles, Fruit & Milk	Cereal, Fruit & Milk
AM Snack	Goldfish & Juice	Yogurt & Crackers	Fruit & Crackers	Tortillas & Cheese	Applesauce & Crackers
Lunch	Chicken Tacos, Lettuce, Tomatoes, Fruit & Milk	Quesadillas, Cucumbers, Fruit & Milk	Fish Sticks, Fruit, Broccoli & Milk	Baked Ziti, Corn, Fruit & Milk	Chicken Noodle Soup, Crackers, Fruit & Milk
PM Snack	Saltines & Oranges	Butterscotch Brownie & Milk	Banana Bread & Milk	Celery & Ranch w/ Crackers	Animal Crackers & Juice
Week 3	15	16	17	18	19
Breakfast	Bagels w/ Cream Cheese, Fruit & Milk	Pancakes, Fruit & Milk	Oatmeal, Fruit & Milk	Cereal, Fruit & Milk	Waffles, Fruit & Milk
AM Snack	Pretzels & String Cheese	Fruit & Crackers	Trail Mix & Juice	Yogurt & Crackers	Cheese & Crackers
Lunch	Chicken Fried Rice, Fruit & Milk	Meatballs, Mashed Potatoes w/ Gravy, Fruit & Milk	Chicken Alfredo, Broccoli, Fruit & Milk	Bean & Cheese Burritos, Fruit & Milk	Tator Tot Casserole, Fruit, Milk
PM Snack	Chocolate Chip Cookies & Milk	Chips & Queso	Tortilla Roll Ups & Milk	Pretzels & Apples	Cucumbers & Ranch
Week 4	22	23	24	25	26
Breakfast	Waffles, Fruit & Milk	Oatmeal, Fruit & Milk	French Toast, Fruit, Milk	Bagels, Fruit, Milk	Cereal, Fruit & Milk
AM Snack	Ham & Cheese Bites & Milk	Pretzels, String Cheese	Animal Crackers & Juice	Yogurt & Grahams	Fruit & Crackers
Lunch	BBQ Chicken sandwiches, Fruit & Milk	Broccoli Cheese Soup, Tortilla, Fruit & Milk	Chicken Parmesan, Corn, Fruit & Milk	Mac & Cheese, Green Beans, Fruit & Milk	Salisbury Steak, Mashed Potatoes, Fruit and Milk
PM Snack	Vanilla Pudding & Vanilla Wafers	Fruit & Crackers	Apples & Crackers	Goldfish & Juice	Carrots and Ranch
Week 5	29	30	31		
Breakfast	Closed	Waffles, Fruit & Milk	Hot Cereal, Fruit & Milk		
AM Snack	For	Yogurt & Crackers	Applesauce & Grahams	ITEMS HIGHLIGHTED ARE IN	
Lunch	Memorial	Brown Sugar Glazed Baked Chicken, Rice, Peaches & Milk	Beef Tacos, Lettuce, Tomato, Fruit & Milk	CELEBRATION OF NATIONAL DAYS	
PM Snack	Day!!	Cheese & Pretzels	Cucumbers & Ranch		