



Covenant Schools of Rio Rancho April 2017 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	3	4	5	6	7
Breakfast	Cream of Wheat, Pears, & Milk	Pancakes, Peaches, & Milk	Cereal, Bananas, & Milk	Oatmeal, Strawberries, & Milk	Breakfast Casserole, Oranges, & Milk
AM Snack	Sliced Oranges & Saltines	Pretzels & Cheese	Trail Mix & Fruit	Bananas & Graham Crackers	Yogurt & Fresh Strawberries
LUNCH	Chicken & Rice Casserole, Green Beans, Peaches, & Milk	Spaghetti with Meat Sauce, Salad, Pears, & Milk	Turkey Sandwiches, Pickles, Peaches, & Milk	Tomato Florentine Soup, Crackers, Pears, & Milk	Chef Salad (Lettuce, Ham, Cheddar Cheese, Croutons), Peaches, & Milk
PM Snack	Goldfish & Juice	Jell-O & Fruit	Vanilla Pudding & Wafers	Cucumbers & Saltines	Celery & Wow! Butter
WEEK 2	10	11	12	13	14
Breakfast	Blueberry Oatmeal & Milk	Waffles, Pears, & Milk	Cereal, Bananas, & Milk	Cream of Wheat, Apples, & Milk	Closed For
AM Snack	Oranges & Animal Crackers	Strawberry Yogurt & Graham Crackers	Saltines & Applesauce	Celery & Ranch	Good Friday!
LUNCH	Beef-A-Roni with Marinara Sauce, Peaches, & Milk	Tater-Tot Casserole, Green Beans, Pineapple, & Milk	*Grilled Cheese Sandwiches, Tomato Soup, Peaches, & Milk	Chicken Nuggets, Mashed Potatoes, Pears, & Milk	
PM Snack	Jell-O & Fruit	Goldfish & Juice	Pretzels & Marshmallows	*Peach Cobbler & Ice Cream	
WEEK 3	17	18	19	20	21
Breakfast	Biscuits & Gravy, Pears, & Milk	Oatmeal, Peaches, & Milk	Cereal, Bananas, & Milk	Blueberry Pancakes & Milk	Breakfast Casserole, Apples, & Milk
AM Snack	Yogurt & Blueberries	Trail Mix & Juice	Sliced Oranges & Pretzels	Cucumbers & Ranch	Strawberry Yogurt & Graham Crackers
LUNCH	Teriyaki Chicken, Broccoli, Pineapple, & Milk	Meatball Sandwiches, Salad, Pears, & Milk	Chicken Noodle Soup with Vegetables, Saltines, Peaches, & Milk	Beef Stroganoff, Oranges, Green Beans, & Milk	Macaroni & Cheese, Peas, Pineapples, & Milk
PM Snack	Rice Krispy Treats & Juice	*Animal Crackers & Apples	Chocolate Pudding & Pretzels	Jell-O & Fruit	Goldfish & Juice
WEEK 4	24	25	26	27	28
Breakfast	Oatmeal, Pears, & Milk	Waffles, Oranges, & Milk	Cereal, Bananas, & Milk	Cream of Wheat, Peaches, & Milk	Bagels with Cream Cheese, Oranges, & Milk
AM Snack	Sliced Apples & Cheese	Celery & Wow! Butter	Crackers & Cheese	Sliced Oranges & Saltines	Bananas & Graham Crackers
LUNCH	Salisbury Steak, Mashed Potatoes, Peaches, & Milk	Bean Burritos, Corn, Pineapples, & Milk	White Chili Bean Soup, Corn, Sliced Oranges, & Milk	Ravioli with Alfredo Sauce, Peas, Pears, & Milk	Hamburgers, Kettle Chips, Pickles, Peaches, & Milk
PM Snack	Ice Cream & Blueberries	Banana Bread & Milk	*Pretzels & Fruit	Cucumbers & Saltines	Jell-O & Fruit

National Holidays:

- ✿ 12: Grilled Cheese Day!
- ✿ 13: Peach Cobbler Day!
- ✿ 18: Animal Crackers Day!
- ✿ 26: Pretzel Day!