



COVENANT SCHOOLS DEL NORTE, L.L.C.

February 2017 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			1	2	3
Breakfast			French Toast, Fruit & Milk	Oatmeal, Fruit & Milk	Biscuits w/Gravy & Milk
AM Snack			Graham Crackers & Milk	Trail Mix & Milk	Cucumber & Ranch
Lunch			Baked Ziti, Salad, Fruit & Milk	Turkey Sandwich, Carrot Stick, Fruit & Milk	Lemon Pepper Chicken, Veggies, Fruit & Juice
PM Snack			Pretzels & Cheese	Oranges & Grahams Crackers	Cinnamon Rolls & Milk
Week 2	6	7	8	9	10
Breakfast	Bagels w/ Cream Cheese, Juice & Milk	Pancakes w/ Syrup, Fruit & Milk	Cold Cereal, Fruit & Milk	Egg Burritos, Fruit & Milk	Quiche, Eggs, Fruit & Milk
AM Snack	Tortillas w/ WOW Butter & Milk	Yogurt, & Crackers	Applesauce & Crackers	String Cheese, Goldfish	Pudding & Vanilla Wafers
Lunch	Taco Salad, Fruit & Milk	Spaghetti, Meat Balls, Veggies, Fruit & Milk	Pizza, Cucumbers, Fruit & Milk	Baked Mac & Cheese, Steamed Broccoli, Fruit & Milk	Stir Fry, Fruit & Milk
PM Snack	Applesauce & Pretzels	Celery, Crackers & Cream Cheese	Tortillas & Cheese	Fruit & Crackers	Rice Crispy Treats
Week 3	13	14	15	16	17
Breakfast	Hot Cereal, Fruit & Milk	Cheese Toast, Fruit & Milk	Waffles, Fruit & Milk	Bagels, Cream Cheese & Milk	Cereal, Fruit & Milk
AM Snack	Oranges & Crackers	Apples & WOW Butter	Pretzels & Cheese	Tortillas & Cheese	Bananas & Grahams
Lunch	Chicken Noodle Soup, Fruit & Milk	Carne Asada, Salad, Fruit & Milk	Chicken Parmesan, Green Beans, Fruit & Milk	Burgers, Carrots, Fruit & Milk	Lasagna, Salad, Fruit & Milk
PM Snack	Goldfish & Cucumbers	Jello, Fruit & Graham Crackers	Cookies & Milk	String Cheese & Pretzels	Blueberry Muffins & Milk
Week 4	20	21	22	23	24
Breakfast	No	Biscuits w/ Jelly, Fruit & Milk	Cheese Toast, Fruit & Milk	Egg Burritos, Fruit & Milk	Cereal, Fruit & Milk
AM Snack	School	WOW Butter & Toast	Cucumbers & String Cheese	Yogurt & Crackers	Toast & Fruit
Lunch	President's	Fettuccini Alfredo, Green Beans & Juice	Fish Sticks, Carrots, Fruit & Milk	Grilled Cheese, Fruit, Corn & Milk	Broccoli Cheese Casserole, Fruit & Milk
PM Snack	Day!	Carrots w/ Ranch & Crackers	Caramel Apples & Milk	Pudding & Wafers	Brownies & Milk
Week 5	27	28			
Breakfast	Pancakes, Fruit & Milk	Hot Cereal, Fruit & Milk			
AM Snack	Cookies & Milk	Tortillas & WOW Butter Rolls & Milk			
Lunch	Quesadillas, Green Beans, Fruit & Milk	Corn Dogs, Carrots, Fruit & Milk			
PM Snack	Chips & Queso	Apple Pie & Milk			