



## COVENANT SCHOOLS DEL NORTE, L.L.C.

### January 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Breakfast</b>	<b>NO SCHOOL</b>	Bagels, w/ Cream cheese & Milk	Biscuits w/gravy & Milk	Cereal, Bananas & Milk	Cinnamon Toast & Milk
<b>AM Snack</b>		Tortillas & Applesauce	Animal Crackers & juice	Oranges & Pretzels	Goldfish & Juice
<b>Lunch</b>	<b>HAPPY NEW YEAR!</b>	Frito Pie, Corn, Pineapple & Milk	Mac-n-Cheese, Peas, Oranges & Milk	Chicken Noodle Soup w/ Carrots, Saltines, Peaches & Milk	Spaghetti, Corn, Pears & Milk
<b>PM Snack</b>		Rice Krispy Treats & milk	Brownies & Milk	Applesauce & Grahams	Yogurt & Vanilla Wafers
<b>Week 2</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Breakfast</b>	Waffles, Bananas, & Milk	Cinnamon Toast, Fruit & Milk	Cereal, Bananas, & Milk	Strawberry Oatmeal & Milk	Cereal & Milk
<b>AM Snack</b>	String Cheese & Pretzels	Cheezee its & Juice	Tortillas w/ Cheese	Yogurt & Grahams	Pretzels & Fruit
<b>Lunch</b>	Scalloped potatoes & Ham Casserole, Green Beans, Fruit Cocktail & Milk	Meatball Sandwiches, Mixed Veggies, Peaches & Milk	Chicken Nuggets, Veggies, Apples & Milk	Bean Burritos, Applesauce, Salad & Milk	Hamburgers, Tator Tots, Oranges, Pickles & Milk
<b>PM Snack</b>	Trail Mix & Juice	Animal Crackers & Pudding	Cucumbers w/ Ranch & Crackers	Goldfish & Juice	Carrots w/ Ranch & Saltines
<b>Week 3</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>Breakfast</b>	<b>NO SCHOOL!</b>	Cereal, Fruit & Milk	Pancakes, Fruit & Milk	Hot Cereal, Fruit & Milk	Egg Muffin & Juice
<b>AM Snack</b>		Fruit & Crackers	Applesauce & Grahams	Cheese & Tortillas	Yogurt & Blueberries
<b>Lunch</b>	<b>MARTIN LUTHER KING JR. DAY</b>	Green Chile Stew, Tortilla, Fruit & Milk	Fish Filets, Green Beans, Fruit & Milk	Broccoli Soup, Corn Bread, Fruit & Milk	Tater Tot Casserole, Fruit & Milk
<b>PM Snack</b>		Banana Bread & Milk	Tortillas & Jelly	Cucumbers & Goldfish	Corn Chips & Salsa
<b>Week 4</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Breakfast</b>	Cereal, Juice & Milk	Biscuits & Gravy & Juice	Waffles w/Syrup, Fruit & Milk	Hot Cereal, fruit & Milk	Bagels, w/Cream Cheese & Milk
<b>AM Snack</b>	Bananas & Saltines	Yogurt & Vanilla Wafers	Crackers & WOW Butter	Goldfish & Apples	Oranges & Prezels
<b>Lunch</b>	Taco Soup w/ Corn Chips, Fruit Cocktail & Milk	WOW Butter & Jelly Sandwiches, Fruit, Chips & Milk	Chicken Patties, Rice, Fruit & Milk	Tuna Casserole, Tator Tots, Fruit & Milk	Green Chile Chicken Enchiladas, Peaches, & Milk
<b>PM Snack</b>	Brownies & Milk	Celery Sticks w/ Dip & Crackers	Jello w/ Grahams	Muffins & Milk	Cucumbers & Goldfish
<b>Week 5</b>	<b>30</b>	<b>31</b>			
<b>Breakfast</b>	Pancakes w/syrup, Fruit & Milk	Hot Cereal, Fruit & Milk			
<b>AM Snack</b>	String Cheese & Apples	Yogurt & Peaches			
<b>Lunch</b>	Chicken Parmesan, Green Beans, Fruit & Milk	Taco Salad, Tortillas, Fruit & Milk			
<b>PM Snack</b>	Pudding & Wafers	Trail Mix & Juice			