



Covenant Schools Del Norte

May 2016 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2	3	4	5	6
Breakfast	Hot Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Waffles w/ Syrup, Orange Juice & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Cereal, Juice & Milk
AM Snack	Fruit & Crackers	Yogurt & Goldfish	Grahams & Milk	Fruit & Crackers	Pretzels & Cheese
Lunch	Macaroni~n~Cheese, Green Beans, Fruit & Milk	Southwest Chicken Salad, Crackers, Fruit & Milk	Ham & Cream Cheese Roll ups, Cucumbers, Fruit & Milk	Beef Enchiladas, Salad, Fruit & Milk	Sloppy Joes, Tatar Tots, Fruit & Milk
PM Snack	Tortillas w/ Jelly & Milk	Trail Mix & Juice	Saltines & Oranges	Vanilla Pudding & Wafers	Muffins & Milk
Week 2	9	10	11	12	13
Breakfast	Pancakes w/ Syrup, Juice & Milk	Hot Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Waffles w/ Syrup, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk
AM Snack	String Cheese & Pretzels	Oranges & Pretzels	Yogurt & Grahams	Cheese Toast & Juice	Fruit & Crackers
Lunch	Taco Salad, Tortillas, Fruit & Milk	Corn Dogs, Cucumbers, Fruit & Milk	Turkey Sandwiches, Tatar Tots, Fruit & Milk	Beef~a~Roni, Corn, Fruit & Milk	Chicken Nuggets, Veggie Sticks, Fruit & Milk
PM Snack	Muffins & Milk	Trail Mix & Juice	Cucumber & Crackers	Fruit & Crackers	Cookies & Milk
Week 3	16	17	18	19	20
Breakfast	Bagels, Juice & Milk	Pancakes w/ Syrup, Fruit & Milk	Hot Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Waffles w/ Syrup, Fruit & Milk
AM Snack	Crackers & Fruit	Fruit & Crackers	Cheese & Crackers	Apples w/ WOW Butter	Yogurt & Grahams
Lunch	Cheese Pizza, Carrots w/ Dip, Fruit & Milk	Chicken w/ Gravy, Mashed Potatoes, Fruit & Milk	Tuna Sandwiches, Veggie Sticks, Fruit & Milk	Meatballs w/ Gravy, Rice, Corn, Fruit & Milk	BBQ Chicken Sandwiches, Tatar Tots, Fruit & Milk
PM Snack	WOW Butter w/ Bananas	Tortillas w/ Jelly & Milk	Veggie Sticks w/ Dressing & Crackers	Trail Mix & Juice	Tortillas Chips w/ Dip & Lemonade
Week 4	23	24	25	26	27
Breakfast	Biscuits w/ Jelly, Juice & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Pancakes w/ Syrup, Juice & Milk	Hot Cereal, Fruit & Milk	Egg Burritos, Orange Juice & Milk
AM Snack	Fruit & Crackers	Goldfish & Juice	Pretzels & Cheese	Fruit & Crackers	Apple Sauce & Grahams
Lunch	Spaghetti, Salad w/ Dressing, Fruit & Milk	Chef Salad, Crackers, Fruit & Milk	Frito Pie, Cucumbers w/ Dip, Fruit & Milk	Quesadillas, Cucumber w/ Ranch, Fruit & Milk	Spanish Rice, Salad w/ Dressing, Fruit & Milk
PM Snack	Cheese & Tortillas	WOW Butter & Fruit	Muffins & Milk	Trail Mix & Juice	Veggie Sticks & Crackers
Week 5	30	31	1	2	3
Breakfast	Closed	Biscuits w/ Jelly, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Pancakes w/ Syrup, Fruit & Milk	Hot Cereal, Fruit & Milk
AM Snack	For	Fruit & Crackers	Yogurt & Grahams	Goldfish & Fruit	Cheese & Crackers
Lunch	Memorial	Grilled Cheese Sandwiches, Carrots, Fruit & Milk	Hamburgers, Lettuce, Tomatoes, Fruit & Milk	Bean & Cheese Burritos, Salad, Fruit & Milk	Chicken Pasta Salad, Crackers, Fruit & Milk
PM Snack	Day!!!	Trail Mix & Juice	Animal Crackers & Milk	WOW Butter w/ Apples	Tortillas w/ Jelly