



COVENANT SCHOOLS DEL NORTE

April 2016 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	4	5	6	7	8
Breakfast	Cereal, Fruit & Milk	Oatmeal, Fruit & Milk	French Toast, Juice & Milk	Pancakes, Fruit & Milk	Egg Burritos, Juice & Milk
AM Snack	Fruit & Crackers	G Crackers & Applesauce	Pretzels & Cheese	Gold Fish & Juice	Apple Sauce & G Crackers
Lunch	Macaroni~N~Cheese, Green Beans, Fruit & Milk	Chef's Salad w/ TH Crackers, Fruit & Milk	Hamburgers w/ Lettuce & Tomato, Fruit & Milk	Spanish Rice, Corn, Fruit & Milk	Ham and Cheese Rollups, Veggie, Fruit & Milk
PM Snack	Pudding & Vanilla Wafers	Trail Mix & Juice	Veggies & Crackers	Jell-O & Mixed Fruit	Cookies & Milk
Week 2	11	12	13	14	15
Breakfast	Bagels w/ Cream Cheese, Juice & Milk	Cereal, Fruit & Milk	Hot Cereal, Fruit & Milk	French Toast w/ Syrup, Juice & Milk	Pancakes w/ Syrup, Fruit & Milk
AM Snack	Yogurt & Grahams	Fruit & Crackers	Goldfish & Juice	Fruit & Crackers	String Cheese & Pretzels
Lunch	South West Chicken Salad, Tortillas, Fruit & Milk	<u>Grilled Cheese Sandwich</u> , Veggie Sticks, Fruit & Milk	Meatballs w/ Gravy, Rice, Green Beans, Fruit & Milk	Cheese Ravioli, Salad w/ Dressing, Fruit & Milk	Tuna Sandwiches, Tater Tots, Fruit & Milk
PM Snack	Pretzels & String Cheese	Cookies & Milk	WOW Butter w/ Tortillas	Trail Mix & Juice	Pudding & Vanilla Wafers
Week 3	18	19	20	21	22
Breakfast	Waffles w/ Syrup, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Cereal, Fruit & Milk	Hot Cereal, Fruit & Milk	French Toast w/ Syrup, Juice & Milk
AM Snack	String Cheese & Pretzels	Apples & Goldfish	Grahams & Juice	Fruit & Crackers	Yogurt & Crackers
Lunch	Chicken Patties, Mashed Potatoes, Fruit & Milk	Frito Pie, Salad, Fruit & Milk	Cheese Pizza, Carrots w/ Dip, Fruit & Milk	Quesadillas, Cucumbers w/ Dip, Fruit & Milk	Meatball Sandwiches, Salad, Fruit & Milk
PM Snack	Animal Crackers & Milk	Tortillas & Cheese	Cookies & Milk	Trail Mix & Juice	Veggie Sticks & Crackers
Week 4	25	26	27	28	29
Breakfast	Egg Burritos, Juice & Milk	Waffles w/ Syrup, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Cereal, Fruit & Milk	Hot Cereal, Fruit & Milk
AM Snack	Cheese Toast & Fruit	<u>Pretzels</u> & Fruit	Yogurt & Grahams	Fruit & Crackers	Cheese & Tortillas
Lunch	BBQ Chicken Sandwiches, Corn, Fruit & Milk	Bean Burritos w/ Cheese & Salsa, Fruit & Milk	Taco Salad w/ Tortillas, Fruit & Milk	Turkey Sandwiches, Tater Tots, Fruit & Milk	Comdogs, Cucumbers w/ Dip, Fruit & Milk
PM Snack	Muffins & Milk	Veggies & Crackers	Apples w/ WOW Butter	Trail Mix & Juice	Jell-O & Mixed Fruit

Underline words are for Celebration of National Days!!!