



# Covenant Schools of Rio Rancho February 2016 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Breakfast</b>	Strawberry Oatmeal & Milk	Biscuits w/Jelly & Milk	Cereal, Oranges & Milk	Breakfast Sandwiches Bananas & Milk	French Toast, Oranges & Milk
<b>AM Snack</b>	Yogurt & Graham Crackers	Crackers & Cheese	Mixed Fruit & Goldfish		Celery w/Wow! Butter
<b>LUNCH</b>	Quesadillas, Baked Beans, Pineapple & Milk	Hamburger Tator Tot Casserole w/Veggies, Pears & Milk	Turkey & Cheese Sandwiches, Pretzels, Peaches & Milk	Cheesy Chicken & Broccoli <u>Soup</u> w/Rice, Crackers, Peaches & Milk	Grilled Cheese, Tomato Soup, Pears & Milk
<b>PM Snack</b>	Bananas & Vanilla Wafers	Oranges & Animal Crackers	Pretzels & Juice	Cucumbers & Ranch	Ice Cream & Bananas
<b>WEEK 2</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>Breakfast</b>	Bagels w/Jelly & Cream Cheese & Milk	Cinnamon Toast, Mixed Fruit & Milk	Cereal, Bananas & Milk	Sausage Gravy w/Biscuits, Oranges & Milk	Waffles, Bananas & Milk
<b>AM Snack</b>	Cheese & Pretzels	Yogurt & Animal Crackers	Pretzels & Juice	Cucumbers & Ranch	Yogurt & Peaches
<b>LUNCH</b>	Spaghetti w/Meat Sauce, Bread, Peaches & Milk	<u>Mini Pizzas</u> , Salad, Pears & Milk	Ham & Cheese Sandwiches, Pretzels, Pickles, Pineapple & Milk	Teriyaki Chicken, Rice, Broccoli, Pineapple & Milk	Macaroni & Cheese w/Ham, Peas, Oranges & Milk
<b>PM Snack</b>	Cinnamon Apples & Crackers	Trail Mix & Juice	<u>Brownies</u> & Milk	Bananas w/Wow! Butter	Animal Crackers & Juice
<b>WEEK 3</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Breakfast</b>	<b>Closed</b>	Cream of Wheat, Oranges & Milk	Cereal, Bananas & Milk	Blueberry Oatmeal & Milk	English Muffins, Jelly & Milk
<b>AM Snack</b>	<b>For</b>	Animal Crackers & Juice	Applesauce & Graham Crackers	Carrots & Ranch	Sliced Oranges & Pretzels
<b>LUNCH</b>	<b>President's</b>	Sloppy Joes, Pickles, Chips, Peaches & Milk	Meatball Sandwiches, Salad, Pears & Milk	Cheesy Potato Soup w/Ham, Bread, Pineapple & Milk	Frito Pie, Corn, Pineapple & Milk
<b>PM Snack</b>	<b>Day</b>	Jell-O w/Fruit	Cornbread & Jelly	Cheese & Sliced Apples	Ice Cream & Bananas
<b>WEEK 4</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>Breakfast</b>	Cinnamon Toast, Bananas & Milk	<u>Banana Bread</u> & Milk	Cereal, Bananas & Milk	Breakfast Sandwiches, Oranges & Milk	Waffles, Bananas & Milk
<b>AM Snack</b>	Sliced Apples & Cheese	Ham & Cheese Cracker Sandwiches	Apples & Wow! Butter	Cucumbers & Ranch	Celery w/Wow! Butter
<b>LUNCH</b>	Hamburgers, Tator Tots, Pickles, Oranges & Milk	Cheesy Scalloped Potatoes w/Chicken, Green Beans, Pears & Milk	<u>Taco Salad</u> , Pinto Beans, Peaches & Milk	<u>Chili Cheese</u> Tator Tot Casserole, Mixed Veggies, Pineapple & Milk	Chicken Nuggets, Mixed Veggies, Peaches & Milk
<b>PM Snack</b>	Goldfish & Juice	Rice Krispy Treats & Milk	Jell-O w/Fruit	Ambrosia Salad & Crackers	Bananas & Vanilla Wafers
<b>WEEK 5</b>	<b>29</b>	<b>**The underlined words are in celebration of the National Holidays</b> 4 <sup>th</sup> - Homemade Soup Day 9 <sup>th</sup> - Pizza Day 10 <sup>th</sup> - Brownie Day 23 <sup>rd</sup> - <u>Banana Bread Day</u> 24 <sup>th</sup> - <u>Tortilla Chip Day</u> 25 <sup>th</sup> - <u>Chili Day</u>			
<b>Breakfast</b>	Strawberry Oatmeal & Milk				
<b>AM Snack</b>	Strawberry Yogurt & Graham Crackers				
<b>LUNCH</b>	Chicken Alfredo, Salad, Pears & Milk				
<b>PM Snack</b>	Pretzels & Cheese				