



**COVENANT SCHOOLS DEL NORTE,
FEBRUARY 2016 MENU**



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1	2	3	4	5
Breakfast	Cereal, Fruit & Milk	Egg Burritos, Fruit & Milk	Hot Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Toast w/ Jelly, Fruit & Milk
AM Snack	G Crackers & Juice	Applesauce & Crackers	Fruit & Crackers	Yogurt & G Crackers	TH Crackers & Cheese
Lunch	Cheese Ravioli, Salad, Fruit & Milk	Tater Tot Casserole, Green Beans, Fruit & Milk	Chicken Noodle Soup, Fruit & Milk	Meat Balls w/ Rice & Gravy, Fruit & Milk	Chicken Nuggets, Corn, Fruit & Milk
PM Snack	Tortillas w/ WOW Butter	Fruit & Crackers	String Cheese & Pretzels	Trail Mix & Juice	Cookies & Milk
Week 2	8	9	10	11	12
Breakfast	Waffles, Fruit & Milk	Cereal, Fruit & Milk	Bagels w/ Jelly, Fruit & Milk	French Toast, Juice & Milk	Egg Burritos, Juice & Milk
AM Snack	Mandarin Oranges & Pretzels	Crackers & Cheese	Bananas & G Crackers	Oranges & Saltines	Tortillas w/ Raspberry Cream Cheese
Lunch	Bean & Cheese Burrito, Salad, Fruit & Milk	Chili Mac, Salad w/ Dressing, Pineapple & Milk	Corn Dogs, Mixed Veggies, Fruit & Milk	Hamburgers, Salad w/ Dressing, Fruit & Milk	Chicken Patties, Mashed Potatoes, Fruit & Milk
PM Snack	Veggie Sticks w/ Dip & Crackers	Trail Mix & Juice	Pudding & Vanilla Wafers	Animal Crackers & Milk	Corn Chips w/ Salsa & lemonade
Week 3	15	16	17	18	19
Breakfast	Closed	Hot Cereal, Fruit & Milk	Pancakes w/ Syrup, Strawberries, & Milk	Egg Burritos, Fruit & Milk	Bagels w/ Jelly, Fruit & Milk
AM Snack	For	Fruit & Crackers	String Cheese & Apples	Yogurt & G Crackers	Pretzels & Juice
Lunch	Presidents	Tomato Soup, Cheese Sandwiches, Fruit & Milk	Baked Ziti, Salad w/ Dressing, Fruit & Milk	Taco Salad, Tortillas, Fruit & Milk	Ground Beef, Chili & Potato Casserole, Fruit & Milk
PM Snack	Day!!!	Tortillas w/ Jelly	Fruit & Goldfish	Muffins & Milk	Cucumbers & Crackers
Week 4	22	23	24	25	26
Breakfast	Toast w/ Jelly, Juice & Milk	Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Waffles w/ Syrup, Fruit & Milk	Cereal w/ Bananas & Milk
AM Snack	Apples w/ WOW Butter	String Cheese & Pretzels	Oranges & Saltines	Cream Cheese & Crackers	Fruit & Crackers
Lunch	Chicken Parmesan, Green Beans, Fruit & Milk	Fish, Mixed Veggies, Fruit & Milk	Spaghetti w/ Meat Sauce, Salad, Fruit & Milk	Oriental Veggies & Chicken w/ Rice, Fruit & Milk	Cheese Pizza, Salad w/ Dressing, Fruit & Milk
PM Snack	Trail Mix & Juice	Cookies & Milk	Tortillas w/ Jelly	Trail Mix & Juice	Jell-O w/ Mixed Fruit
Week 5	29	1	2	3	4
Breakfast	Bagels w/ Jelly, Juice & Milk	French Toast, Fruit & Milk	Cereal, Juice & Milk	Pancakes, Fruit & Milk	Waffles, Fruit & Milk
AM Snack	Goldfish & Fruit	Fruit & Crackers	TH Crackers & Mixed Fruit	Yogurt & G Crackers	Cheese & Crackers
Lunch	Mac~N~Cheese, Salad, Fruit & Milk	Beef Stew, Fruit & Milk	Chef Salad, Crackers, Fruit & Milk	Broccoli Cheese Soup, Biscuits, Fruit & Milk	Spanish Rice, Corn, Fruit & Milk
PM Snack	Pudding & Vanilla Wafers	Applesauce & G Crackers	Tortillas w/ Jelly	Fruit & Crackers	Trail Mix & Juice