



Covenant Schools of Rio Rancho—May 2015 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	The underlined words are in celebration of the following National Days:				1
Breakfast	1: <u>Chocolate Parfait Day</u> 4: <u>Orange Juice Day</u> 13: <u>Apple Pie Day</u> 22: <u>Vanilla Pudding Day</u> 28: <u>Hamburger Day</u>				Waffles, Peaches, & Milk
AM Snack					Sliced Oranges & Saltines
Lunch					Chef Salad, Garlic Bread, Pineapples, & Milk
PM Snack					<u>Chocolate Pudding</u> & Graham Crackers
Week 2	4	5	6	7	8
Breakfast	Blueberry Pancakes & <u>Orange Juice</u>	Ham & Cheese Egg Cups, Pears, & Milk	Bagels with Jelly & Milk	Cereal, Bananas, & Milk	Oatmeal with Fruit & Milk
AM Snack	Pretzels & Sliced Cheese	Yogurt & Blueberries	Applesauce & Saltines	Celery & Ranch	Animal Crackers & Milk
Lunch	Mini Pizzas, Salad, Pineapples, & Milk	Macaroni & Cheese, Peas, Peaches & Milk	Sloppy Joes, Chips, Pickles, Pineapples, & Milk	Chicken Noodle Soup with Vegetables, Peaches, & Milk	Pizza Casserole, Green Beans, Oranges, & Milk
PM Snack	Vanilla Wafers & Milk	Brownies & Milk	Jell-O & Fruit	Ambrosia Salad	Rice Krispy Treats & Bananas
Week 3	11	12	13	14	15
Breakfast	Cream of Wheat, Bananas, & Milk	English Muffins with Jelly & Milk	Waffles, Pears, & Milk	Cereal, Bananas, & Milk	French Toast, Pineapples, & Milk
AM Snack	Sliced Apples & Wow! Butter	Strawberry Yogurt & Graham Crackers	Cucumbers & Ranch	Sliced Cheese & Saltines	Goldfish & Sliced Oranges
Lunch	Spaghetti with Meat Sauce, Pineapples, Green Beans, & Milk	Chicken & Rice with Broccoli Casserole, Peaches, & Milk	Quesadillas, Baked Beans, Pineapples, & Milk	Hamburger Vegetable Soup, Peaches, Crackers, & Milk	Fish Sticks, Mixed Vegetables, Pears, & Milk
PM Snack	Pretzels & Juice	Sliced Oranges & Saltines	<u>Apple Crisp</u> & Milk	Carrot Sticks & Ranch	Trail Mix & Milk
Week 4	18	19	20	21	22
Breakfast	Pancakes, Peaches, & Milk	Ham & Cheese Egg Cups, Pineapples, & Milk	Cinnamon Toast, Pears, & Milk	Cereal, Bananas, & Milk	Biscuits with Gravy, Pineapples, & Milk
AM Snack	Sliced Cheese & Pretzels	Graham Crackers & Milk	Celery & Wow! Butter	Crackers & Sliced Cheese	Cucumbers & Ranch
Lunch	Cheeseburger Casserole, Peas, Pineapples, & Milk	Green Chile Enchiladas, Tortillas, Pears, & Milk	Grilled Cheese, Tomato Soup, Pineapples, & Milk	Chicken Nuggets, Mashed Potatoes, Peaches & Milk	Cheesy Broccoli Soup with Chicken, Pears, & Milk
PM Snack	Applesauce Cake & Milk	Crackers & Oranges	Cookies & Milk	Cinnamon Apples & Juice	<u>Vanilla Pudding</u> & Wafers
Week 5	25	26	27	28	29
Breakfast	Closed for Memorial Day! 	Oatmeal with Fruit & Milk	Cream of Wheat, Pears, & Milk	Cereal, Bananas, & Milk	English Muffins with Jelly & Milk
AM Snack		Sliced Oranges & Trail Mix	Trail Mix & Juice	Applesauce & Saltines	Bananas & Graham Crackers
Lunch		Chicken Alfredo, Peas, Peaches, & Milk	Chicken Tortilla Soup, Corn, Pineapples, & Milk	<u>Hamburgers</u> , Pickles, Chips, Pears, & Milk	Beef Stroganoff, Green Beans, Pineapples, & Milk
PM Snack		Blueberry Muffins & Milk	Cucumbers & Ranch	Pretzels & Cheese	Cookies & Milk