

Covenant Schools Del Norte May 2015 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	4	5	6	7	8
Breakfast	Cereal, <u>Orange Juice</u> & Milk	Waffles w/ Syrup, Fruit & Milk	Egg Burritos, Juice & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Cream of Wheat, Juice & Milk
AM Snack	Cinnamon Biscuits & Milk	Cheese Toast & Juice	Yogurt & Grahams	Fruit & Crackers	Cheese & Pretzels
Lunch	Chili Beans, Salad, Cornbread, Fruit & Milk	Chicken Pasta Salad, Crackers, Fruit & Milk	Spanish Rice, Corn, Fruit & Milk	Tomato Soup, Cheese Sandwiches, Fruit & Milk	Chef Salad, Crackers, Fruit & Milk
PM Snack	Fruit & Saltines	Veggies & Crackers	Cookies & Milk	Trail Mix & Juice	Muffins & Milk
Week 2	11	12	13	14	15
Breakfast	French Toast Sticks w/ Syrup, Juice & Milk	Cream of Wheat, Fruit & Milk	Pancakes w/ Syrup, Juice & Milk	Cereal, Fruit & Milk	Egg Burritos, Juice & Milk
AM Snack	Pretzels & Cheese	Goldfish & Juice	Fruit Cocktail & Crackers	Cinnamon Toast & Juice	Yogurt & Crackers
Lunch	Turkey Sandwich, Tatar Tots, Fruit & Milk	Spaghetti w/ Meat Sauce, Corn, Fruit & Milk	Mini Corn Dogs, Veggies Sticks w/ Dip, Fruit & Milk	Meatballs w/ Gravy & Rice, Green Beans, Fruit & Milk	Cheese <u>Pizza</u> , Salad, Fruit & Milk
PM Snack	Tortillas w/ Jelly & Milk	Fruit & Crackers	Apples w/ WOW Butter	Cucumber w/ Dip & Crackers	Chocolate Chip Cookies & Milk
Week 3	18	19	20	21	22
Breakfast	Cream of Wheat, Fruit & Milk	Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Bagels w/ <u>Strawberry</u> Cream Cheese, Fruit & Milk	French Toast Sticks, Juice & Milk
AM Snack	Fruit & Pretzels	Yogurt & Grahams	String Cheese & Crackers	Oranges & Pretzels	Fruit & Crackers
Lunch	Southwest Chicken Salad, Tortillas, Fruit & Milk	Beef~A~Roni, Corn, Fruit & Milk	Fish Fillets, Green Beans, Fruit & Milk	Frito Pie, Salad, Fruit & Milk	Quesadillas, Cucumbers, Fruit & Milk
PM Snack	Cucumber w/ Dip & Crackers	Tortillas w/ Raspberry Cream Cheese	Cookies & Milk	Trial Mix & Juice	Muffins & Milk
Week 4	25	26	27	28	29
Breakfast	Closed for	Egg Burritos, Fruit & Milk	Cream of Wheat, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Cereal, Fruit & Milk
AM Snack	Memorial Day	Cheese & Crackers	Yogurt & Crackers	Tortillas & Cheese	Fruit & Grahams
Lunch	Remember Our	Sloppy Joes, Tatar Tot, Fruit & Milk	Mac~N~Cheese, Green Beans, Fruit & Milk	Hamburgers w/ Lettuce & Tomatoes, Fruit & Milk	Chicken Nuggets, Veggies, Fruit & Milk
PM Snack	VETERANS	Tortillas w/ WOW Butter	Oranges & Saltines	Trail Mix & Juice	Pudding & Vanilla Wafers

<u>Underlined</u> words are for Celebration of National Days!!!