



Covenant Schools of Rio Rancho December 2014 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	1	2	3	4	5
Breakfast	Cereal, Bananas & Milk	Hot Oatmeal, Pears & Milk	Bagels w/Jelly & Milk	English Muffins, Pineapple & Milk	CLOSED For Teacher Inservice!
AM Snack	Animal Crackers & Applesauce	Townhouse Crackers & Cheddar Cheese Squares	Cornbread & Milk	Graham Crackers & Vanilla Yogurt	
LUNCH	Ham & Cheese Sandwiches, Potato Chips, Pickles & Milk	Chicken Noodle Soup, Bread, Peaches & Milk	Shepherd's Pie, Biscuits, Pears & Milk	Chicken Salad Sandwiches, Chips, Pickles & Milk	
PM Snack	Chocolate Pudding & Marshmallows	Strawberry Yogurt & Bananas	Cinnamon Apples & Cheerios	Pretzels & String Cheese	
WEEK 2	8	9	10	11	12
Breakfast	Cream of Wheat, Pears & Milk	Cinnamon Toast, Peaches & Milk	Cereal, Bananas & Milk	Pancakes, Pears & Milk	English Muffins, Pineapple & Milk
AM Snack	Saltines & Sliced Cheese	Trail Mix & Apples	Brownies & Milk	Apples w/Wow! Butter	Goldfish & Pretzels
LUNCH	Beef Noodle Casserole, Mixed Veggies, Peaches & Milk	Bean & Cheese Burritos, Pineapple & Milk	Chicken & Rice Casserole, Mixed Veggies, Peaches & Milk	Scalloped Potatoes w/Ham, Fruit Cocktail & Milk	Cheesy Potato Soup, Bread, Peaches & Milk
PM Snack	Mandarin Oranges & Marshmallows	Graham Crackers & Yogurt	Mixed Fruit w/Whip Cream & Saltines	Townhouse Crackers & Sliced Oranges	Banana Pudding & Vanilla Wafers
WEEK 3	15	16	17	18	19
Breakfast	Bagels w/Cream Cheese, Peaches & Milk	Biscuits w/Jelly & Milk	Hot Oatmeal, Mandarin Oranges & Milk	Cinnamon Toast, Pears & Milk	French Toast, Bananas & Milk
AM Snack	Cranberry Cake & Milk	Ambrosia Salad & Saltines	Jello w/Fruit & Animal Crackers	Oatmeal Cookies & Milk	Marble Pudding & Vanilla Wafers
LUNCH	Sloppy Joes, Baked Beans, Pineapple & Milk	Fish Sticks, Fruit Cocktail, Green Beans & Milk	Chicken Fettuccini w/Alfredo Sauce, Mixed Veggies, Peaches & Milk	Wow! Butter w/Jelly Sandwiches, French Fries, Pineapple & Milk	Meatball Sandwiches, Salad, Peaches & Milk
PM Snack	Cinnamon Apples & Peaches	Rice Krispie Treats & Pretzels	Trail Mix & Juice	Vanilla Yogurt & Bananas	Animal Crackers & Applesauce
WEEK 4	22	23	24	25	26
Breakfast	Cream of Wheat, Pears & Milk	Waffles, Peaches & Milk	Cereal, Bananas & Milk	Closed for Christmas!	Closed for Christmas!
AM Snack	Celery w/Ranch & Saltines	Chocolate Cake & Milk	Goldfish & Cheddar Cheese Squares		
LUNCH	Chicken Nuggets, Tator Tots, Peaches & Milk	Turkey Sandwiches, Pickles, Chips & Milk	Mini Pizzas, Salad, Fruit Cocktail & Milk		
PM Snack	Pretzels & Cheerios	Cucumber w/Ranch & Saltines	Cinnamon Roll-Ups & Milk		
WEEK 5	29	30	31		
Breakfast	Cinnamon Toast, Peaches & Milk	Cereal, Bananas & Milk	Bagels w/Cream Cheese and Jelly & Milk		
AM Snack	Townhouse Crackers & Pineapple	Animal Crackers & Strawberry Yogurt	Corn Bread & Milk		
LUNCH	Hamburgers, Chips, Pickles & Milk	Beef Stroganoff, Peas, Pineapple & Milk	Cheesy Broccoli Soup, Crackers, Peaches & Milk		
PM Snack	Chocolate Chip Cookies & Milk	Fruit Loops & Peaches	Vanilla Yogurt w/Oats		