



COVENANT SCHOOLS DEL NORTE December 2014 Menu



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|--|---|---|--|---|
| Week 1 | 1 | 2 | 3 | 4 | 5 |
| Breakfast | Egg Burritos, Juice & Milk | Waffles, Fruit & Milk | Cereal, Juice & Milk | Hot Cereal, Fruit & Milk | Closed |
| AM Snack | Pretzels & String Cheese | Yogurt & Goldfish | Fruit & Goldfish | Cinnamon Toast & Juice | For |
| Lunch | Bean & Cheese Burrito, Salad, Fruit & Milk | Spanish Rice, Corn, Fruit & Milk | Tomato Soup, Cheese Sandwich, Fruit & Milk | Corn Dogs, Veggie Sticks w/ Ranch, Fruit & Milk | In Service!! |
| PM Snack | Cookies & Milk | Trail Mix & Juice | Veggies w/ Dip & Crackers | Muffins & Milk | |
| Week 2 | 8 | 9 | 10 | 11 | 12 |
| Breakfast | Cereal, Juice & Milk | Egg Burritos, Fruit & Milk | Pancakes, Juice & Milk | Biscuits w/ Jelly Fruit & Milk | Hot Cereal, Fruit & Milk |
| AM Snack | Fruit & Crackers | Cheese Toast & Juice | Yogurt & Crackers | Pretzels & Cheese | Fruit & Crackers |
| Lunch | Cheese Pizza, Salad, Fruit & Milk | Tuna Sandwich, Tatar Tots, Fruit & Milk | Chicken & Rice Casserole, Fruit & Milk | Green Chili Stew, Tortilla, Fruit & Milk | Frito Pies, Salad, w/ Ranch, Fruit & Milk |
| PM Snack | Cookies & Milk | Pudding & Wafers | Apples w/ WOW Butter | Trail Mix & Juice | Veggies w/ Dip & Crackers |
| Week 3 | 15 | 16 | 17 | 18 | 19 |
| Breakfast | Bagels w/ Cream Cheese, Fruit & Milk | French Toast Sticks w/ Syrup, Juice & Milk | Hot Cereal, Fruit & Milk | Egg Burritos, Juice & Milk | Cereal, Fruit & Milk |
| AM Snack | Cinnamon Toast & Juice | Yogurt & Crackers | Tortillas & Cheese | String Cheese & Pretzels | Fruit & Crackers |
| Lunch | Chicken Noodle Soup, Crackers, Fruit & Milk | Spaghetti, Salad w/ Dressing, Fruit & Milk | Quesadillas, Cucumbers, Fruit & Milk | Chili Beans w/ Corn Bread, Carrot Sticks, Fruit & Milk | Beef~A~Roni, Green Beans, Fruit & Milk |
| PM Snack | Muffins & Milk | Veggies w/ Dip & Crackers | Trail Mix & Juice | Fruit & Crackers | Tortillas w/ Jelly & Milk |
| Week 4 | 22 | 23 | 24 | 25 | 26 |
| Breakfast | Cereal, Juice & Milk | Burritos, Fruit & Milk | Waffles, Juice, & Milk | NO | NO |
| AM Snack | Fruit & Crackers | Cinnamon Biscuits & Juice | Yogurt & Grahams | SCHOOL!!! | SCHOOL!!! |
| Lunch | Chicken Nuggets, Green Beans, Fruit & Milk | Potato Soup w/ Cheese, Biscuits, Fruit & Milk | Meatballs w/ Gravy, Rice, Salad, Fruit & Milk | Merry | Merry |
| PM Snack | Tortillas w/ Jelly & Milk | Oranges & Saltines | Cookies & Milk | CHRISTMAS!!! | CHRISTMAS!!! |
| Week 5 | 29 | 30 | 31 | 1 | 2 |
| Breakfast | Hot Cereal, Juice & Milk | Pancakes, Fruit & Milk | Bagels, Juice & Milk | NO SCHOOL!!! | Cereal, Juice & Milk |
| AM Snack | String Cheese & Pretzels | Goldfish & Juice | Fruit & Crackers | CLOSED FOR | Yogurt & Grahams |
| Lunch | Tatar Tot Casserole, Salad w/ Dressing, Fruit & Milk | Macaroni~N~Cheese, Green Beans, Fruit & Milk | BBQ Chicken Sandwiches, Corn, Fruit & Milk | NEW YEARS!!! | Broccoli Cheese Soup, Fruit, Cornbread and Milk |
| PM Snack | Animals Crackers & Milk | Veggies w/ Dip & Pretzels | Muffins & Milk | | Crackers w/ WOW Butter |