



COVENANT SCHOOLS DEL NORTE

June 2014 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2	3	4	5	6
Breakfast	Waffles, Juice & Milk	Biscuits w/ Jelly, Fruit & Milk	Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Cream of Wheat, Fruit & Milk
AM Snack	Fruit & Crackers	Cheese & Pretzels	Yogurt & Animal Crackers	Fruit & Crackers	Cinnamon Biscuits & Milk
Lunch	Sloppy Joes, Taro Tots, Fruit & Milk	Taco Salad, Fruit, Tortillas & Milk	Chicken w/ Vegetable Soup, Crackers, Fruit & Milk	Mini Corn Dogs, Carrot Sticks, Fruit & Milk	Chili Beans, Salad, Cornbread, Fruit & Milk
PM Snack	Veggie Sticks & Saltines	Apple Sauce & Grahams	Trail Mix & Juice	Tortillas w/ Jelly & Milk	Oranges & Saltines
Week 2	9	10	11	12	13
Breakfast	Cereal, Fruit & Milk	Biscuits w/ Jelly, Juice & Milk	Pancakes, Fruit & Milk	Hot Cereal, Juice & Milk	Egg Burritos, Fruit & Milk
AM Snack	Cheese & Pretzels	Yogurt & Goldfish	Cheese Toast & Juice	Fruit & Crackers	Cinnamon Toast & Juice
Lunch	Chicken Nuggets, Green Beans, Fruit & Milk	Spanish Rice, Corn, Fruit & Milk	Bean & Cheese Burritos, Salad, Fruit & Milk	Tuna Sandwiches, Tatar Tots, Fruit & Milk	Frito Pie, Salad, Fruit & Milk
PM Snack	Cookies & Milk	Veggie Sticks & Crackers	Fruit & Crackers	Trail Mix & Juice	Apples & Crackers
Week 3	16	17	18	19	20
Breakfast	Bagels w/ Cream Cheese, Juice & Milk	French Toast Sticks, Juice & Milk	Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Cream of Wheat, Fruit & Milk
AM Snack	Fruit & Crackers	Apples w/ WOW Butter & Town House Crackers	String Cheese & Pretzels	Fruit & Crackers	Yogurt & Grahams
Lunch	Tomato Soup, Cheese Sandwiches, Fruit & Milk	Chicken Rice Casserole, Green Beans, Fruit & Milk	Cheese Quesadillas, Cucumber, Fruit & Milk	Spaghetti w/ Meat Sauce, Corn, Fruit & Milk	Hamburgers, Salad, Fruit & Milk
PM Snack	Trail Mix & Juice	Veggie Sticks & Saltines	Fruit & Crackers	Cookies & Milk	Oranges & Saltines
Week 4	23	24	25	26	27
Breakfast	Waffles, Juice & Milk	Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Cream of Wheat, Fruit & Milk
AM Snack	String Cheese & Goldfish	Fruit & Crackers	Pretzels & Cheese	Fruit & Crackers	Yogurt & Grahams
Lunch	Chicken Sandwich, Carrot Sticks, Fruit & Milk	Macaroni & Cheese, Green Beans, Fruit & Milk	Meatballs w/ Gravy, Rice, Fruit & Milk	Cheese Pizza, Veggie Sticks, Fruit & Milk	Chef Salad, Crackers, Fruit & Milk
PM Snack	Fruit & Crackers	Muffins & Milk	Celery w/ WOW Butter & Crackers	Trail Mix & Juice	Cookies & Milk
Week 5	30				
Breakfast	Biscuits w/ Jelly, Juice & Milk				
AM Snack	Yogurt & Goldfish				
Lunch	Tator Tot Casserole, Green Beans, Fruit & Milk				
PM Snack	Fruit & Crackers				