

Covenant Schools of Rio Rancho-April

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	onay	1	2	3	4
Breakfast		Cinnamon Toast, Apples & Milk	Waffles, Peaches & Milk	Cream of Wheat, Peaches & Milk	Bagels w/cream cheese & Milk
AM Snack		Pretzels & Juice	Cheese w/Cucumber and Ranch	Cinnamon Roll-ups	Trail Mix
LUNCH		Mac & Cheese, Peas, Fruit Cocktail & Milk	Hearty Hamburger Soup, Bread, Pineapples & Milk	Chicken Nuggets, Tator Tots, Sliced Oranges & Milk	Wow Butter & Jelly Sandwiches, Potato Chips, Pears & Milk
PM Snack		Honeydew Melon	Cinnamon Apples & Grahams	Gold Fish & Juice	Fruit Cocktail & Graham Crackers
WEEK 2	7	8	9	10	11
Breakfast	English Muffins, Jelly & Milk	Blueberry Pancakes & Milk	Waffles & Juice	Biscuits w/Sausage and Gravy & Milk	Cinnamon Toast, Pears & Milk
AM Snack	Animal Crackers & Milk	Strawberry Yogurt	Celery w/Ranch & Cheese Nips	Cucumbers, Ranch and Town House Crackers	Pineapple Cake
LUNCH	Tuna Noodle Casserole, Green Beans, Fruit Cocktail & Milk	Spaghetti with Meat Sauce, Salad, Peaches & Milk	Frito Pie, Corn, Apples & Milk	Chicken Patties w/White Gravy, Mixed Veggies, Peaches & Milk	Broccoli and Cheese Soup, Saltines, Pineapple & Milk
PM Snack	Cinnamon Apples & Tortillas	Jelly Roll-Ups	Graham Crackers & Milk	Rice Krispie Treats	Watermelon
WEEK 3	14	15	16	17	18
Breakfast	Cereal, Bananas & Milk	English Muffins, Pineapple & Milk	Hot Oatmeal, Pears & Milk	Waffles, Peaches & Milk	Closed
AM Snack	Cheese & Saltines	Cheese Nips & Juice	Bell Peppers w/ Ranch & Saltines	Gold Fish & Juice	For
LUNCH	Turkey Sandwiches, Chips, Pickles & Milk	Cheese Quesadillas, Pinto Beans, Oranges & Milk	Hamburgers, Baked Beans, Chips, Pickles & Milk	Penne Pasta w/Meat Sauce, Salad, Fruit Cocktail & Milk	Good Friday!!
PM Snack	Fruit Loops & Sliced Oranges	Mixed Fruit w/Whip Cream	Cantalope	Blueberry Cake	
WEEK 4	21	22	23	24	25
Breakfast	Cream of Wheat & Milk	Bagels with Jelly & Milk	Cereal, Bananas & Milk	French Toast, Pineapple & Milk	English Muffins, Jelly & Milk
AM Snack	Graham Crackers and Cinnamon Applesauce	Cheddar Cheese Squares, Celery and Ranch	Jello	Ambrosia Salad	Vanilla Yogurt
LUNCH	Cheesy Tortilla Soup, Pears & Milk	Taco Bake w/Ground Beef, Corn, Peaches & Milk	Beef Stew w/Veggies, Bread, Pears & Milk	Chicken Taco Salad, Tortilla Chips, Peaches & Milk	Bean and Cheese Burritos, Spanish Rice, Pears & Milk
PM Snack	Brownies	Wow Butter w/ Apples	Animal Crackers	Pineapple & Raspberries	Strawberry Shortcake
WEEK 5	28	29	30		
Breakfast	Hot Oatmeal, Peaches & Milk	Sausage Links, Scrambled Eggs, Toast & Milk	Cinnamon Toast, Peaches .& Milk		
AM Snack	Marble Cake	Oranges & Saltines	Wow Butter! w/Celery and Crackers		
LUNCH	Mexican Shells w/Veggies, Pineapples & Milk	Philly Cheese Steak Sandwiches w/ Roast Beef, Chips, Pickles, French Fries & Milk	Chicken Noodle Soup, Saltines, Fruit Cocktail & Milk		
PM Snack	Trail Mix	Pretzels & Sliced Apples	Fruit Smoothie		