



COVENANT SCHOOLS DEL NORTE, L.L.C.
April 2014 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		1	2	3	4
Breakfast		Waffles w/ Syrup, Fruit & Milk	Hot Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Egg Burritos, Juice & Milk
AM Snack		Grahams & Applesauce	Cinnamon Toast & Juice	Pretzels & String Cheese	Yogurt & Goldfish
Lunch		Taco Salad, Tortillas, Fruit & Milk	Chicken Nuggets, Green Beans, Fruit & Milk	Meatballs w/ Gravy, Rice, Corn, Fruit & Milk	Mini Corndogs, Veggie Sticks w/ Ranch, Fruit & Milk
PM Snack		Muffins & Milk	Pudding & Vanilla Wafers	Trail Mix & Juice	Fruit & Crackers
Week 2	7	8	9	10	11
Breakfast	Cereal, Fruit & Milk	Pancakes w/ Syrup, Juice & Milk	Cream of Wheat, Fruit & Milk	Egg Burritos, Juice & Milk	Biscuits w/ Jelly, Fruit & Milk
AM Snack	Pretzels & String Cheese	Fruit & Crackers	Tortillas w/ Jelly & Milk	Yogurt & Goldfish	Fruit & Crackers
Lunch	Spaghetti w/ Meat Sauce, Salad, Fruit & Milk	Quesadillas, Cucumbers w/ Ranch, Fruit & Milk	Turkey Sandwiches, Tater Tots, Fruit & Milk	Fish Fillet, Corn, Fruit & Milk	Hamburgers w/ Lettuce & Tomatoes, Fruit & Milk
PM Snack	Applesauce & Grahams	Muffins & Juice	Animal Crackers & Milk	Veggies Sticks w/ Dip & Saltines	Cookies & Milk
Week 3	14	15	16	17	18
Breakfast	Hot Cereal, Fruit & Milk	French Toast Sticks, Fruit & Milk	Egg Burritos, Juice & Milk	Cereal, Fruit & Milk	SCHOOL
AM Snack	Fruit & Crackers	Pretzels & String Cheese	Yogurt & Grahams	Cinnamon Toast & Juice	IS CLOSED FOR
Lunch	BBQ Chicken Sandwich, Tater Tots, Fruit & Milk	Bean Burritos, Salad, Fruit & Milk	Tomato Soup, Cheese Sandwich, Fruit & Milk	Chef's Salad, Crackers, Fruit & Milk	GOOD
PM Snack	Trail Mix & Juice	Veggie Sticks w/ Dip & Crackers	Fruit & Crackers	Cookies & Milk	FRIDAY!!!
Week 4	21	22	23	24	25
Breakfast	Cereal, Fruit & Milk	Waffles w/ Syrup, Fruit & Milk	Egg Burritos, Juice & Milk	Cream of Wheat, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk
AM Snack	Yogurt & Grahams	Fruit & Crackers	Pretzels & String Cheese	Goldfish & Juice	Fruit & Crackers
Lunch	Chicken & Rice Casserole, Green Beans, Fruit & Milk	Cheesy Potato Soup, Biscuits, Fruit & Milk	Ham Sandwiches, Tater Tots, Fruit & Milk	Sloppy Joes, Corn, Fruit & Milk	Mini Cheese Pizza, Veggie Sticks, Fruit & Milk
PM Snack	Fruit & Crackers	Trail Mix & Juice	Veggie Sticks w/ Dip & Crackers	Pudding & Vanilla Wafers	Cookies & Milk
Week 5	28	29	30	31	
Breakfast	Hot Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Pancakes w/ Syrup, Fruit & Milk	Cereal, Juice & Milk	
AM Snack	Cinnamon Toast & Juice	Yogurt & Grahams	Fruit & Crackers	Cheese & Crackers	
Lunch	Frito Pie, Salad, Fruit & Milk	Mac~N~Cheese, Green Beans, Fruit & Milk	Spanish Rice w/ Beef, Corn, Fruit & Milk	Tuna Sandwich, Tater Tots, Fruit & Milk	
PM Snack	Fruit & Crackers	Pretzels & Veggie Sticks w/ Dip	Trail Mix & Juice	Muffins & Milk	