



Covenant School of Rio Rancho June 2015 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	1	2	3	4	5
Breakfast	Cream of Wheat, Oranges & Milk	Cinnamon Toast, Mixed Fruit & Milk	Bagels w/Cream Cheese, Jelly & Milk	Cereal, Bananas & Milk	Waffles, Bananas & Milk
AM Snack	Pretzels & Cheese	Sliced Oranges & Animal Crackers	Grahams & Juice	Cucumbers & Ranch	Animal Crackers & Juice
LUNCH	Beef a Roni, Corn, Oranges & Milk	Chicken & Rice Casserole w/Broccoli, Pineapple & Milk	Cheesy Scallop Potatoes w/Ham, Peas, Peaches & Milk	Chicken Noodle Soup w/Veggies, Crackers, Peaches & Milk	Hamburgers, Pickles, Chips, Pineapple & Milk
PM Snack	Ambrosia Salad & Milk	Oatmeal Cookies & Milk	Applesauce cake & Milk	Banana Bread & Milk	Yogurt & Grahams
WEEK 2	8	9	10	11	12
Breakfast	Blueberry Oatmeal & Milk	Cinnamon Toast, Bananas & Milk	English Muffins, Jelly & Milk	Cereal, Bananas & Milk	Blueberry Pancakes & Milk
AM Snack	Grahams & Sliced Oranges	Crackers & Cheese	Goldfish & Juice	Carrots & Ranch	Trail Mix & Milk
LUNCH	Frito Pie, Corn, Peaches & Milk	Penne Pasta w/Meat Sauce, Green Beans & Milk	Turkey Sandwiches, Pretzels Pickles, Peaches & Milk	Tomato Noodle Soup, Bread, Mandarin Oranges & Milk	Salisbury Steak, Mashed Potatoes, Gravy, Peaches & Milk
PM Snack	Applesauce Cake & Milk	Jello & Crackers	Pretzels & Cheese	Cornbread & Milk	Oatmeal cookies & Milk
WEEK 3	15	16	17	18	19
Breakfast	Cinnamon Toast, Bananas & Milk	Cream of Wheat, Oranges & Milk	Biscuits, Jelly & Milk	Cereal, Bananas & Milk	Oatmeal, Mixed Fruit & Milk
AM Snack	Tortillas & Cheese	Sliced Apples & Wow! Butter	Pretzels & Cheese	Celery & Wow! Butter	Cucumbers & Ranch
LUNCH	Hawaiian Pasta Salad, Peas & Milk	Beef Barley Stew, Crackers, Peaches & Milk	Ham & Cheese Sandwiches, Chips, Pickles, Pineapple & Milk	Cheesy Chicken Scallop Potatoes, Mixed Veggies, Peaches & Milk	Chicken Nuggets, Mashed Potatoes, Corn & Milk
PM Snack	Vanilla Wafers & Pudding	Brownies & Milk	Jello w/Fruit	Cookies & Milk	Yogurt w/Berries
WEEK 4	22	23	24	25	26
Breakfast	Biscuits w/Gravy, Pears & Milk	Waffles, Peaches & Milk	English Muffins, Jelly & Milk	Cereal, Bananas & Milk	Pancakes, Peaches & Milk
AM Snack	Carrots & Ranch	Bananas & Grahams	Crackers & Cheese	Yogurt & Berries	Trail Mix & Milk
LUNCH	Chicken Alfredo, Peas, Peaches & Milk	Bean & Cheese Burritos, Mixed Veggies, Pineapple & Milk	Cheesy Potato Soup, Crackers, Pears & Milk	Mini Pizzas, Salad, Fruit Cocktail & Milk	Sloppy Joes, Chips, Pickles, Peaches & Milk
PM Snack	Cinnamon Apples & Milk	Ambrosia Salad & Milk	Rice Krispies & Milk	Banana Bread & Milk	Bananas & Wow! Butter
WEEK 5	29	30			
Breakfast	Ham & Cheese Egg Cups, Oranges & Milk	Cinnamon Toast, Mixed Fruit & Milk			
AM Snack	Pretzels & Juice	Carrots & Ranch			
LUNCH	Mac N Cheese, Peas, Peaches & Milk	Beef Stroganoff, Corn, Pineapple & Milk			
PM Snack	Jello w/Fruit	Muffins & Milk			