

COVENANT SCHOOLS DEL NORTE April 2015 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			1	2	3
Breakfast			Pancakes, Juice & Milk	Egg Burritos, Fruit & Milk	SCHOOL IS
AM Snack			Pretzels & Cheese	Gold Fish & Juice	CLOSED FOR
Lunch			Chili Beans, Cornbread, Salad, Fruit & Milk	Spanish Rice, Corn, Fruit & Milk	Good Friday
PM Snack			Veggies w/ Dip & Crackers	WOW Butter & Jelly , Tortillas	
Week 2	6	7	8	9	10
Breakfast	Bagels w/ Cream Cheese, Juice & Milk	French Toast Sticks w/ Syrup, Fruit & Milk	Cereal, Juice & Milk	Hot Cereal, Fruit & Milk	Egg Burritos, Juice & Milk
AM Snack	Yogurt & Grahams	Cinnamon Biscuits & Milk	Fruit & Crackers	Cheese Toast & Juice	Fruit & Pretzels
Lunch	Chicken & Rice Casserole, Green Beans, Fruit & Milk	Bean Burritos, Salad, Fruit & Milk	Cheese Pizza, Cucumbers, Fruit & Milk	Meatballs w/ Gravy, Rice, Green Beans, Fruit & Milk	Tuna Sandwiches, Tater Tots, Fruit & Milk
PM Snack	Muffins & Milk	Trail Mix & Juice	WOW Butter w/ Tortillas	Cookies & Milk	Pudding & Vanilla Wafers
Week 3	13	14	15	16	17
Breakfast	Waffles, Fruit & Milk	Cereal, Fruit & Milk	Egg Burritos, Juice & Milk	Bagels, Fruit & Milk	Hot Cereal, Juice & Milk
AM Snack	String Cheese & Pretzels	Cinnamon Toast & Milk	Grahams & Milk	Fruit & Crackers	Yogurt & Crackers
Lunch	Chefs Salad w/ Crackers,	Frito Pie, Salad, Fruit & Milk	Chicken Sandwiches	Quesadillas, Cucumbers,	Hamburgers w/ Lettuce &
	Fruit & Milk		Carrot Sticks, Fruit & Milk	Fruit & Milk	Tomato, Fruit & Milk
PM Snack	Muffins & Milk	Tortillas & Cheese	Cookies & Milk	Goldfish & Juice	Cucumbers & Crackers
Week 4	20	21	22	23	24
Breakfast	Cereal, Fruit & Milk	French Toast Sticks w/ Syrup, Fruit & Milk	Bagels w/ Cream Cheese, Juice & Milk	Egg Burritos, Fruit & Milk	Biscuits w/ Jelly, Juice & Milk
AM Snack	Cheese Toast & Juice	Fruit & Crackers	Yogurt & Grahams	Pretzels & Fruit	Fruit & Crackers
Lunch	BBQ Chicken Sandwiches, Corn, Fruit & Milk	Macaroni~N~Cheese, Green Beans, Fruit & Milk	Taco Salad w/ Tortillas, Fruit & Milk	Turkey Sandwiches, Tater Tots, Fruit & Milk	Mini Corndogs, Cucumbers, Fruit & Milk
PM Snack	Muffins & Milk	Veggies w/ Dip & Crackers	WOW Butter w/ Tortillas	Trail Mix & Juice	Animal Crackers & Milk
Week 5	27	28	29	30	1
Breakfast	Egg Burritos, Juice & Milk	Pancakes, Fruit & Milk	Cereal, Juice & Milk	Bagels, Fruit & Milk	Hot Cereal, Juice & Milk
AM Snack	Fruit & Crackers	Cheese & Crackers	Graham Crackers & Milk	String Cheese & Pretzels	Crackers & Fruit
Lunch	Chicken Nuggets, Carrot Sticks, Fruit & Milk	Ham Sandwiches, Tater Tots, Fruit & Milk	Spaghetti, Corn Fruit & Milk	South West Chicken Salad, Tortillas, Fruit & Milk	Ham and Cheese Rollups, Veggie, Fruit & Milk
PM Snack	WOW Butter & Fruit	Trail Mix & Juice	Veggies w/ Dip & Crackers	Oatmeal Cookies & Milk	Pudding & Vanilla Wafers