

## Covenant Schools Del Norte May 2020 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					1
Breakfast					Breakfast Burritos & Milk
AM Snack					Carrots & Ranch
Lunch					Chicken Patty Sandwich, Veggies, Fruit & Milk
PM Snack					Pudding & Milk
Week 2	4	5	6	7	8
Breakfast	Pancakes, Fruit & Milk	Omelet & Milk	Cinnamon Toast & Milk	Sausage, Tortilla & Milk	Cereal, Fruit & Milk
AM Snack	Pita & Cream Cheese	Yogurt & Fruit	Tortilla & Cheese	Breadsticks with Marinara	Bagels & Cream Cheese
Lunch	Alfredo w/Spinach,	Beef & Potato Tacos, Fruit &	Meatloaf, Mashed Potatoes with	Green Chile Pork Stew, Tortilla,	Tuna Sandwich, Chips, Fruit &
	Breadsticks, Fruit & Milk	Milk	Gravy, Fruit & Milk	Fruit & Milk	Milk
PM Snack	Chips & Salsa	Pears & Pretzels	Wow Butter & Crackers	Apple Chips	Teddy Grahams
Week 3	11	12	13	14	15
Breakfast	Cream of Wheat & Milk	Oatmeal, Fruit & Milk	Breakfast Burrito & Milk	French Toast Sticks & Milk	Toast, Jelly & Milk
AM Snack	Animal Crackers & Juice	Tater Tots	Apple Pie & Milk	Smiley Face Fries	Chocolate Chip Cookie Bar
Lunch	Pancakes, Fruit, Sausage & Milk	Grilled Cheese, Tomato Soup & Milk	Mac n' Cheese, Veggies, Fruit & Milk	Italian Wedding Soup, Garlic Bread, Fruit & Milk	Tater Tot Casserole, Fruit & Milk
PM Snack	Veggie Pasta Salad	Trail Mix	Veggie Straws	Bananas & Wow Butter	Kix & Milk
Week 4	18	19	20	21	22
Breakfast	Cereal, Fruit & Milk	Omelet & Milk	Yogurt, Fruit & Milk	Bagels & Cream Cheese	Hash Browns, Fruit & Milk
AM Snack	Crackers & Cheese	Banana Bread	Grahams & Yogurt	Strawberries & Cream	Crackers & Cream Cheese
Lunch	Cheese Pizza, Green Beans, & Milk	Spaghetti & Meatballs, Green Beans, Fruit & Milk	Chicken Nuggets, Fries, Fruit & Milk	Pozole Verde, Tortilla, Fruit & Milk	Bean, Rice, & Cheese Burrito, Fruit & Milk
PM Snack	Cantaloupe & Grahams	Goldfish & Juice	Fruit Salad	Teddy Graham	Trail Mix
Week 5	25	26	27	28	29
Breakfast	French Toast Sticks, Fruit & Milk	Bagels, Cream Cheese, Fruit & Milk	Hash Browns, Fruit & Milk	Oatmeal Muffins & Milk	Cereal, Fruit & Milk
AM Snack	Crackers & Wow Butter	Go-Gurt	Veggie Straws	Watermelon & Crackers	Fruit Salad
Lunch	Veggie Rice Soup, Crackers, Fruit & Milk	BBQ Pork Sandwich, Chips, Fruit & Milk	Corn dogs, Corn, Fruit & Milk	Hamburgers, Chips, Fruit & Milk	Quesadilla, Beans, Fruit & Milk
PM Snack	Apple Sauce & Grahams	Cereal Bars	Carrot Sticks & Ranch	Crackers & Cheese	Go-Gurt with Grahams