



# COVENANT SCHOOLS DEL NORTE, L.L.C.



## June 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Breakfast</b>	Egg Burrito with Juice and Milk	English Muffin with Sausage and Milk	Yogurt with Granola and Milk	Cereal, Fruit, and Milk	Pancakes, Blueberries, and Milk
<b>AM Snack</b>	Apples and Wowbutter	Cereal and Milk	Tortilla with Jelly	String Cheese and Pretzels	Yogurt with Granola
<b>Lunch</b>	Mac-N-Cheese, Veggie Sticks, Fruit, and Milk	Chicken Salad, Townhouse Crackers, Fruit, and Milk	Pancakes, Sausage, Blueberries, and Milk	Mexican Street Corn Pasta Salad, Tortilla, Fruit, and Milk	Meatball Sub. Chips, Fruit, and Milk
<b>PM Snack</b>	Animal Crackers and Oranges	<b>Cheese</b> and Apples	Veggie Sticks and Saltines	Applesauce Cake and Milk	Fig Bars
<b>Week 2</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Breakfast</b>	Biscuits with Gravy, Oranges, and Milk	Cream of Wheat, Fruit, and Milk	Egg Bites, Fruit, and Milk	English Muffin with Jelly and Milk	Cereal, Fruit, and Milk
<b>AM Snack</b>	Goldfish and Fruit	Banana's with Wowbutter	Graham Crackers and Apples	Oranges and Crackers	Mixed Cereal Bar
<b>Lunch</b>	Cheesy Potato Soup, Crackers, Fruit, and Milk	Green Enchiladas, <b>Corn</b> , Fruit, and Milk	Chef Salad, Garlic Bread, Fruit, and Milk	Spaghetti with Meat Sauce, Salad, Fruit, and Milk	Chicken Tacos with Tomatoes and Lettuce, Fruit, and Milk
<b>PM Snack</b>	Pretzels and Apples	Watermelon and Saltines	Trail Mix and Juice	Banana Pudding	Veggies Sticks and Saltines
<b>Week 3</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Breakfast</b>	Pancakes, Blueberries, and Milk	Cereal, Fruit, and Milk	Bagel with Cream Cheese, Fruit, and Milk	Biscuits with Jelly and Milk	Hash Browns with Sausage, and Milk
<b>AM Snack</b>	Cheese and Crackers	Apples with Wowbutter	Yogurt with Granola	Apple Sauce with Graham Crackers	Townhouse Crackers with Cream Cheese
<b>Lunch</b>	Chicken Nuggets, Green Beans, Fruit, and Milk	Alfredo Noodles, Mixed Veggies, Fruit, and Milk	Hamburgers, Pickles, Tomato's, Fruit, and Milk	Cheese Pizza, Salad, Fruit, and Milk	Loaded Baked Potato, Pasta Salad, Tortilla, Fruit, and Milk
<b>PM Snack</b>	Cheez-Its Crackers	Jell-O with Fruit	Tortilla and Cheese Slices	Veggie Sticks and Saltines	English Muffins
<b>Week 4</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Breakfast</b>	French Toast, Fruit, and Milk	Tortillas with Sausage, Fruit, and Milk	Cereal, Fruit, and Milk	Bagels with Cream Cheese, Fruit, and Milk	Cream of Wheat, Fruit, and Milk
<b>AM Snack</b>	Mini Ham Sandwiches on Crackers	Fruit and Animal Crackers	Townhouse Crackers with Cream Cheese	Apple Sauce and Graham Crackers	Saltines and Oranges
<b>Lunch</b>	Fish Sticks, Baked Beans, Fruit, and Milk	Chicken and Mixed Veggies with Rice, Fruit, and Milk	Chili Bean Stew, Garlic Bread, Watermelon, and Milk	Quesadillas, Cucumbers, Fruit, and Milk	Taco Salad, Tortillas, Fruit, and Milk
<b>PM Snack</b>	Tortillas and Wowbutter	Cheese and Turkey Squares	Pretzels and Oranges	String Cheese and Fruit	Pineapple