



# COVENANT SCHOOLS DEL NORTE

## July 2020 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>			<b>1</b>	<b>2</b>	<b>3</b>
<b>Breakfast</b>	Highlighted		Breakfast Burritos & Milk	Hash Browns & Milk	Closed
<b>AM Snack</b>	Days Are		Ginger Snaps & Milk	Corn Bread & Milk	For
<b>Lunch</b>	National Days!		Baked Pasta, Green Beans, & Milk	Brocoli Cheese Rice Casserole, Fruit, & Milk	Independence
<b>PM Snack</b>			Pepperoni & String Cheese	Granola Bars	Day!
<b>Week 2</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Breakfast</b>	Bagels, Cream Cheese, & Milk	Ham & Cheese Egg Bites Milk	Toast, Jelly, & Milk	Oatmeal & Milk	Cereal, Fruit, & Milk
<b>AM Snack</b>	Berries & Cream	Avocado Toast	Watermelon & Grahams	Cantaloupe & Juice	Fruit Salad
<b>Lunch</b>	Bean & Cheese Nachos, Fruit, & Milk	Mac & Cheese, Peas, & Milk	Fried Rice, Egg Rolls, & Milk	Chicken Patties, Mashed Potatoes, Gravy, & Milk	Burritos, Spanish Rice & Milk
<b>PM Snack</b>	Carrots & Ranch	Animal Crackers & Milk	Guacamole & Chips	Bananas & Wow Butter	Triscuts & Cheese
<b>Week 3</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Breakfast</b>	Biscuit, Jelly, & Milk	Cream Of Wheat & Milk	Sausage, Tortilla, & Milk	Pancakes, Fruit, & Milk	Yogurt, Fruit, & Milk
<b>AM Snack</b>	Smiley Face Fries	Corn Bread With Jelly & Milk	Watermelon & Goldfish	Wheat Thins & Cream Cheese	Apples & Cheese
<b>Lunch</b>	Enchiladas, Fruit, Broccoli, & Milk	Baked Chicken, Mixed Veggies, & Milk	Meatballs, Mashed Potatoes, Gravy, & Milk	Pepperoni Pizza, Fruit, & Milk	Chicken Nuggets, Fries, Fruit, & Milk
<b>PM Snack</b>	Cheese Its	Teddy Grahams	Oranges & Cheerios	Cereal Bars	Tomato & Cucumber Salad
<b>Week 4</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Breakfast</b>	Cinnamon Toast, Fruit, & Milk	Pancakes, Fruit, & Milk	Yogurt, Fruit, & Milk	Oatmeal & Milk	Cereal, Fruit, & Milk
<b>AM Snack</b>	Pretzel Bites & Cheese Dip	Bell Peppers & Dressing	Celery & Cream Cheese	Queso & Chips	Strawberries & Cream
<b>Lunch</b>	Chicken Salad, Sandwich, Fruit, & Milk	Buttered Noodles, Zucchini, Fruit, & Milk	Veggie Quésadilla, Fruit, & Milk	Corn Dogs, Peas, Fruit, & Milk	Potato Soup, Crackers, with Fruit & Milk
<b>PM Snack</b>	Popsicles	Apples & Cheese	Pineapple & Pretzels	Ice Cream Sundaes	Hummus & Pita
<b>Week 5</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>Breakfast</b>	Bacon Biscuit & Milk	Toast, Fruit, & Milk	Pancakes, Fruit, & Milk	Breakfast Burrito & Milk	Scrambled Eggs & Milk
<b>AM Snack</b>	Pasta Salad	Baked Apples	Fig Newtons & Milk	Breadsticks & Tomato Sauce	Veggie Straws
<b>Lunch</b>	Vegetarian Posole, Tortilla, Fruit, & Milk	Hamburger, Pickles, Fruit, & Milk	Teriyaki Chicken, Rice, Fruit, & Milk	Meatball Soup With Crackers, Mixed Veggies, & Milk	Grilled Cheese, Pickles, Fruit, & Milk
	Chips & Salsa	Rice Cakes	Trail Mix	Sweet Potato Chips	Fruit Leathers