

Covenant Schools Del Norte January 2021 Menu



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|---|--|--|---|
| Week 1 | | | | | 1 |
| Breakfast | Highlighted Items | | | | Closed |
| AM Snack | Are In | | | | For |
| Lunch | Celebration Of | | | | New Year's |
| PM Snack | National Days | | | | Day! |
| Week 2 | 4 | 5 | 6 | 7 | 8 |
| Breakfast | Cereal, Fruit and Milk | French Toast Sticks and Milk | Cream of Wheat, fruit and Milk | Yogurt, Fruit and Milk | Hash Browns, Fruit and Milk |
| AM Snack | Bagels w/ Cream Cheese | Goldfish Crackers and Fruit | Townhouse Crackers and Wow Butter | String Cheese and Pretzels | Applesauce and Animal Crackers |
| Lunch | Spaghetti, Fruit and Milk | Chicken Nuggets, Green Beans, Fruit and Milk | Cheese Quesadillas, Salsa, Fruit and Milk | Hamburgers, Fruit, Chips and Milk | Broccoli Cheese Soup, Crackers, Fruit and Milk |
| PM Snack | Fruit and Cracker | Bananas and Grahams | Trail Mix | Muffins and Juice | Granola Bars |
| Week 3 | 11 | 12 | 13 | 14 | 15 |
| Breakfast | Oatmeal, Fruit and Milk | Cereal, and Milk | Egg Burritos, and Milk | Pancakes, Fruit and Milk | Bagels w/Cream Cheese and Milk |
| AM Snack | Fruit and Crackers | Cheese and Tortillas | Yogurt and Fruit | Cinnamon Toast | Baked Apples |
| Lunch | Grilled Cheese, Tomato | Chicken Pot Pie, Fruit and Milk | Meatballs w Gravy, Rice, Fruit and | Turkey and Cheese Roll Up, Fruit | Bagel Pizzas, Cucumbers, and |
| | Soup and Milk | | Milk | and Milk | Milk |
| PM Snack | Alphabet Cookies | Pretzels and Hummus | Celery and Wow Butter | Cereal Bars | Trail Mix |
| Week 4 | 18 | 19 | 20 | 21 | 22 |
| Breakfast | Closed | Cream of Wheat, Fruit and Milk | Sausage Tortilla and Milk | Waffles, and Milk | Cereal, Fruit and Milk |
| AM Snack | For | Cream Cheese and Crackers | Cheez-It's and Apples | String Cheese and Goldfish | Yogurt and Grahams |
| Lunch | MLK | Spanish Rice w/ Beef, Fruit and Milk | Mac and Cheese, Green Beans and Milk | Chicken Noodle Soup, Fruit, Crackers and Milk | Fish Sticks, Peas, Fruit and Milk |
| PM Snack | Day! | Veggie Sticks and Ranch | Trail Mix | Muffins and Juice | Pretzels and Wow Butter |
| Week 5 | 25 | 26 | 27 | 28 | 29 |
| Breakfast | Cereal and Milk | Biscuit w/ Jelly and Milk | Oatmeal, Fruit and Milk | Pancakes and Milk | Hash Browns, and Milk |
| AM Snack | Cinnamon Toast | Pretzels and Cheese | Yogurt and Fruit | Applesauce and Grahams | Goldfish and Juice |
| Lunch | BBQ Chicken Sandwich, Fruit, Chips and Milk | Beef a Roni, Green Beans, and Milk | Bean and Cheese Burrito, Fruit and Milk | Potato Soup, Fruit, Breadsticks and Milk | Corn Chip Pie, Fruit and Milk |
| PM Snack | Rice Cakes | Fruit and Cracker | Rice Krispy Treats | Wow Butter and Tortilla | Trail mix |