



COVENANT SCHOOLS DEL NORTE

December 2022 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				1	2
Breakfast	Highlighted Items			Waffles & Milk	Cereal & Milk
AM Snack	Are In			Granola Bars	Applesauce & Ritz
Lunch	Celebration Of			Chicken Nuggets, Salad, Fruit & Milk	Tomato Soup, Breadsticks, Fruit & Milk
PM Snack	National Days			Pudding & Grahams	Fruit Cocktail
Week 2	5	6	7	8	9
Breakfast	Hashbrowns & Milk	Biscuits w/ Gravy & Milk	Burritos & Milk	Cereal, Fruit & Milk	Toast w/ Jelly & Milk
AM Snack	Yogurt & Pretzels	Peaches & Crackers	Apples & String Cheese	Fig Newton	Tortilla & Cheese
Lunch	Chicken Patties, Mashed Potatoes, Fruit & Milk	Hamburgers, Corn, Fruit & Milk	Sloppy Joes, Tater Tots, Fruit & Milk	Chicken Noodle Soup, Crackers, Fruit & Milk	Corn Dogs, Broccoli, Fruit & Milk
PM Snack	Bananas & Grahams	Crackers & Applesauce	Trail mix & Juice	Brownies & Milk	Teddy Grahams
Week 3	12	13	14	15	16
Breakfast	Pancakes & Milk	Cereal & Milk	French Toast & Milk	Oatmeal & Milk	Yogurt w/ Granola & Milk
AM Snack	Tortilla & Jelly	Bananas & Goldfish	Pears & Cheez Its	Nutri-grain Bars	Pretzels & String Cheese
Lunch	Ham Sandwiches, Tater Tots, Fruit & Milk	Frito Pie, Salad, Fruit & Milk	Taco Salad, Fruit & Milk	Broccoli & Cheese Soup, Saltines, Fruit & Milk	Chicken Pasta Salad, Crackers, Fruit & Milk
PM Snack	Ambrosia Salad	Oranges & Saltines	Pretzels & Hummus	Vanilla Wafers & Apples	Cheez Its
Week 4	19	20	21	22	23
Breakfast	Cereal & Milk	Hashbrowns & Milk	Burritos & Milk	Cream of wheat & Milk	CLOSED
AM Snack	Yogurt & Pretzels	Celery & Ranch	TH Crackers & Mixed Fruit	Pineapple & Saltines	FOR
Lunch	Scalloped Potatoes & Ham Casserole, Fruit & Milk	Spinach Alfredo, Garlic Bread, Fruit & Milk	Green Chile Stew, Saltines, Fruit & Milk	Mac n Cheese, Mixed Veggies, Fruit & Milk	CHRISTMAS
PM Snack	Chex Mix	Apples & Goldfish	Peaches & Ritz	Rice Krispy Treat	
Week 5	26	27	28	29	30
Breakfast	CLOSED	French Toast & Milk	Yogurt, Fruit & Milk	Waffles & Milk	Biscuits w/ Jelly & Milk
AM Snack	FOR	Cinnamon Apples	Mandarin Oranges & Grahams	Cheese & Crackers	Vanilla Wafers & Applesauce
Lunch	CHRISTMAS	Fish Sticks, Corn & Fruit & Milk	Potato Soup, Biscuits, Fruit & Milk	Chef Salad, Breadsticks, Fruit & Milk	Pizza, Salad, Fruit & Milk
PM Snack		Snap Peas & Ranch	Trail mix	Goldfish	Bunny Grahams