



# COVENANT SCHOOLS DEL NORTE

## August 2021 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2	3	4	5	6
Breakfast	Hash browns and Milk	English Muffins w/ Jelly, Milk	Cereal, Fruit and Milk	Fruit Salad, Toast and Milk	Breakfast Pizza and Milk
AM Snack	Scones	Tater Tots	Veggie Straws	Egg Rolls	Cheese and Crackers
Lunch	Beef Stew, Cornbread, Fruit and Milk	Chicken Salad, Crackers, Fruit, Milk	Pancakes & Sausage, Fruit and Milk	Taco Casserole, Rice, Fruit and Milk	Green Chile Stew, Tortilla, Oranges, and Milk
PM Snack	Ice Cream Sandwiches	Watermelon and Grahams	Chocolate Chip Cookies and Milk	Celery and Wow Butter	Strawberry Chex Mix
Week 2	9	10	11	12	13
Breakfast	Cereal, Fruit and Milk	Waffles and Milk	Yogurt, Fruit and Milk	Breakfast Bar and Milk	Croissant w/ Jelly & Milk
AM Snack	Apples and Goldfish	Smiley Face Fries	Jelly Rollups	Cantaloupe and Biscuits	Bagel & Cream Cheese
Lunch	Mini Pizzas, Carrots, Fruit and Milk	Broccoli & Cheese Soup, Crackers and Milk	Fajita Pita Pockets, Beans, and Milk	Beef-a-roni, Cucumbers, Fruit and Milk	Popcorn Chicken, Rice, Fruit, and Milk
PM Snack	Rice Krispies Treats	Rice Cakes	Watermelon & Animal Crackers	ChexMix	Churros and Milk
Week 3	16	17	18	19	20
Breakfast	Applesauce, Toast, Milk	Muffins and Milk	French Toast Sticks and Milk	Tortilla & Sausage and Milk	Cereal, Fruit and Milk
AM Snack	Oranges and Pretzels	Tortilla and Cheese	Fresh Fruit Salad	Cucumbers and Hummus	Watermelon and Yogurt
Lunch	Chicken & Broccoli Casserole w/ Rice, Fruit and Milk	Spaghetti, Garlic Bread, Green Beans and Milk	Hamburgers, Corn, Pickles and Milk	Grilled Cheese, Tomato Soup and Milk	Beef Stroganoff, Peas, Fruit, and Milk
PM Snack	Cheese Its	Apple Crisp	Crackers & Cream Cheese	Apples and Cheerios	Saltines and Cantaloupe
Week 4	23	24	25	26	27
Breakfast	Waffles and Milk	Cereal, Fruit and Milk	Hard Boiled Eggs, Fruit and Milk	Scones and Milk	Bagels w/ Cream Cheese and Milk
AM Snack	Yogurt & Townhouse Crackers	Pretzels, Goldfish, and Milk	Cucumbers and Goldfish	Cinnamon Apples	Ritz Bits w/ Cheese
Lunch	Potato Soup, Garlic Bread, Fruit, and Milk	Chicken Alfredo, Broccoli, Fruit and Milk	Meatballs, Mashed Potatoes & Gravy, Green Beans and Milk	Tater Tot Casserole w/ Beans & Cheese, Carrots, Fruit and Milk	Baked Ziti, Mixed Veggies, Fruit and Milk
PM Snack	String Cheese	Fig Newtons	Cereal Bars	Animal Crackers & Oranges	Strawberries & Vanilla Wafers
Week 5	30	31			
Breakfast	Cereal, Fruit and Milk	Scrambled Eggs and Milk			Highlighted Days
AM Snack	Elf Grahams	Waffles and Strawberries			Represent
Lunch	Mac & Cheese, Peas, Fruit and Milk	Turkey Wraps, Chips, Pickles, and Milk			National Days

PM Snack	Tortilla and Wow Butter	Trail Mix			
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