

COVENANT SCHOOLS DEL NORTE April 2020 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			1	2	3
Breakfast			Biscuits, Jelly & Milk	Hash browns & Milk	Yogurt, Fruit & Milk
AM Snack			Applesauce & Grahams	Cucumbers & Ranch	Fruit Salad
Lunch	Highlighted days indicate		Mac N Cheese , Peas, Fruit &	Bean & Cheese burritos, Fruit &	Broccoli Rice casserole, Fruit &
	National Day Celebrations		Milk	Milk	Milk
PM Snack			Veggie Straws	Bananas & Animal Crackers	Trail Mix
Week 2	6	7	8	9	10
Breakfast	Cereal, Fruit & Milk	Waffles, Fruit & Milk	Bagels & Cream Cheese with	Muffins & Milk	CLOSED
			Milk		
AM Snack	Crackers & Cheese	Celery & Wow Butter	Bell Peppers & Ranch	Goldfish & Fruit	FOR
Lunch	Tater Tot Nachos with Fruit &	Chicken Noodle Soup, Fruit &	Mini Corn Dogs with fries, fruit	Frito Pie, Fruit & Milk	GOOD
	Milk	Milk	& Milk		
PM Snack	Granola Bars	Wheat Thins & Cream Cheese	Lunch Meat & Crackers	Kix & Milk	FRIDAY
Week 3	13	14	15	16	17
Breakfast	Pancakes, Fruit & Milk	Sausage, Tortillas & Milk	Cereal with Fruit & Milk	Breakfast Burritos & Milk	Toast with Jelly & Milk
AM Snack	Fruit Salad	String Cheese	Crackers and Pineapple	Grahams & Fruit	Oatmeal Muffins
Lunch	Fettucine alfredo with green	Lasagna soup, pita, fruit & Milk	Turkey & cheese sandwiches,	Quinoa Stir Fry, fruit and Milk	Baked Chicken with Gravy,
	beans, fruit & Milk		chips, fruit & Milk		Mashed potatoes, Fruit & Milk
PM Snack	Oranges and grahams	Cereal Bars	Veggie Sticks	Brownies	Pudding and Milk
Week 4	20	21	22	23	24
Breakfast	Omelets & Milk	Hash browns, Fruit & Milk	Blueberry Muffins & Milk	Cream of Wheat, Peaches and Milk	Cereal, Fruit & Milk
AM Snack	Smiley Face Fries	Cucumber, Tomato Salad	Pretzel Bites and Juice	Lunch Meat & Crackers	Pig in a Blanket
Lunch	Quesadillas with beans , fruit &	Chicken Nachos, fruit & Milk	Pork Stir Fry with Rice, fruit &	Wow Butter Sandwiches,	Cheese Pizza with Corn and Milk
	Milk		Milk	Peaches, and Milk	
PM Snack	Cream of Wheat Muffins	Cheese Its	Trail Mix	Kix Cereal and Milk	Applesauce and Grahams
Week 5	27	28	29	30	
Breakfast	Yogurt with Fruit & Milk	Cereal with Fruit & Milk	Breakfast Burritos and Milk	Cinnamon Toast, Fruit & Milk	
AM Snack	Pears and Wheat Thins	Granola Bars	Smoothies	Yogurt	
Lunch	Alphabet Soup with Crackers,	Hamburgers, Tomatoes, Fruit &	Spagetthi with Breadsticks,	Veggie Rice Soup with Fruit,	
	Fruit & Milk	Milk	Fruit & Milk	Crackers & Milk	
PM Snack	Veggies and Ranch	Banana Muffins	Brownies	Oatmeal Cookies	