



COVENANT SCHOOLS DEL NORTE, L.L.C.



April 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2	3	4	5	6
Breakfast	Cereal, Fruit & Milk	Bagels w/Cream Cheese, Fruit & Milk	Yogurt, Granola & Milk	Waffles, Fruit & Milk	Cheese Toast, Fruit & Milk
AM Snack	Apples & Carmel	Pretzels & Bananas	Tortillas w/Jelly	Goldfish & Juice	Fruit & Crackers
Lunch	Wow Butter & Jelly Sandwiches, Chips, Fruit & Milk	Chicken & Pasta, Green Beans, Fruit & Milk	Frito Pie, Corn, Fruit & Milk	Turkey Salad, Breadsticks, Fruit & Milk	Green Chile Stew, Tortillas, Fruit & Milk
PM Snack	Muffins & Milk	Oranges & Saltines	Grahams & Apples	Cucumbers & Ranch	Trail Mix & Milk
Week 2	9	10	11	12	13
Breakfast	Biscuits & Gravy, Fruit & Milk	Cinnamon Toast, Fruit & Milk	Oatmeal, Fruit & Milk	Cereal, Fruit & Milk	French Toast Sticks, Fruit & Milk
AM Snack	Goldfish & Juice	Bagels & Cream Cheese	Bananas & WOW Butter	Yogurt & Grahams	Cheese Itz & Apples
Lunch	Chicken Stir-Fry, Fruit & Milk	Tator Tot Casserole, Salad, Peaches & Milk	Fish Sticks, Green Beans, Fruit & Milk	Grilled Cheese Sandwiches, Tomato Soup, Fruit & Milk	Baked Ziti, Green Beans, Fruit & Milk
PM Snack	Applesauce & Grahams	Veggie Stick w/ Ranch & Crackers	Tortillas & Cheese	Chips & Salsa	Brownies & Milk
Week 3	16	17	18	19	20
Breakfast	Egg Burritos, Fruit & Milk	Oatmeal, Fruit & Milk	Waffles, Fruit & Juice	Yogurt, Fruit & Milk	Cereal, Fruit & Milk
AM Snack	Grahams & Apples	Cheese & Pretzels	Cinnamon Toast & Fruit	WOW Butter & Crackers	Oranges & Saltines
Lunch	Mac & Cheese, Salad, Fruit & Milk	Scalloped Potatoes w/ Cheese, Broccoli, Fruit & Milk	Bean Burritos, Salad, Fruit & Milk	Enchiladas, Corn, Fruit & Milk	Spaghetti w/ Meat Sauce, Fruit & Milk
PM Snack	Banana Bread & Milk	Trail Mix & Juice	Animal Crackers & Milk	String Cheese & Carrots	Pudding & Vanilla Wafers
Week 4	23	24	25	26	27
Breakfast	Oatmeal, Fruit & Milk	Bagels w/Cream Cheese, Fruit & Milk	Cream of Wheat, Fruit & Milk	Yogurt w/ Fruit & Milk	Cereal, Fruit & Juice
AM Snack	Oranges & Crackers	Peaches & Yogurt	Pretzels & Bananas	Applesauce & Grahams	Tortillas & WOW Butter
Lunch	Cheese Pizza, Salad, Fruit & Milk	Meatballs & Gravy, Green Beans, Fruit & Milk	Tuna Sandwiches, Chips, Fruit & Milk	Nachos, Salad, Fruit & Milk	Taco Salad, Tortilla Chips, Fruit & Milk
PM Snack	Cookies & Milk	Fruit Cocktail & Grahams	Jello w/Fruit & Crackers	Celery w/Ranch & Crackers	Banana Bread & Milk
Week 5	30				
Breakfast	French Toast Sticks, Fruit & Milk				
AM Snack	Bananas & Grahams				
Lunch	Meatball Sandwiches, Chips, Fruit & Milk				
PM Snack	String Cheese & Crackers				