



COVENANT SCHOOLS DEL NORTE

October 2024 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		1	2	3	4
Breakfast		Oatmeal, Bananas & Milk	Yogurt w/Granola & Milk	Bagels w/Cream Cheese & Milk	Toast w/Sunbutter & Milk
AM Snack		Cheese & Crackers	Trail Mix & Juice	Veggies & Ranch	Apples & Cheerios
Lunch		Turkey Roll Ups, Carrots, Fruit & Milk	Hawaiian Wedding Soup, Breadsticks, Fruit & Milk	BBQ Chicken Sandwiches, Green Beans, Fruit & Milk	Pancakes, Sausage, Fruit & Milk
PM Snack		Bananas & Sun Butter	Strawberries & Grahams	Peaches & Cottage Cheese	Carrots & Ranch
Week 2	7	8	9	10	11
Breakfast	Cheese Toast & Milk	Pancakes, Blueberries & Milk	French Toast & Milk	Cereal & Milk	CLOSED
AM Snack	Tater Tots & Ketchup	Granola Bars & Milk	Bunny Grahams & Peaches	Apples & Pretzels	FOR
Lunch	Chicken Noodle Soup, Saltines, Fruit & Milk	Tuna Casserole, Mixed Veggies, Apples & Milk	Red Chile Enchiladas, Pinto Beans, Fruit & Milk	Chicken Nuggets, Corn, Fruit & Milk	FALL BREAK
PM Snack	Oranges & Pretzels	Gold Fish & Juice	Fruit Salad	Teddy Grahams & Milk	!!!
Week 3	14	15	16	17	18
Breakfast	Cream of Wheat & Milk	Cereal, Apple Juice & Milk	Burritos & Milk	Waffles & Milk	CLOSED
AM Snack	Strawberries & Pretzels	Rice Cakes & Apple Sauce	Veggie Straws	Gold Fish & Bananas	FOR
Lunch	Chicken Patties, Mashed Potatoes, Fruit & Milk	Broccoli Cheese Soup, Crackers, Fruit & Milk	Beef-a-Roni, Corn, Apples & Milk	Pasta Salad, Saltines, Fruit & Milk	IN-SERVICE
PM Snack	Cucumbers & Dip	Chex mix & Oranges	Carrots & Ranch	Cinnamon Apple Muffins	!!!
Week 4	21	22	23	24	25
Breakfast	Sausage, Toast & Milk	Hashbrowns, Orange Juice & Milk	Cinnamon Rasin Toast & Milk	Bagels w/ Jelly & Milk	Cinnamon Rolls & Milk
AM Snack	Fruit Salad	String Cheese & Apples	Wheat Thins & Yogurt	Cucumbers & Cream Cheese	Mandarin Oranges & Animal Crackers
Lunch	Meatballs w/ Rice & Veggies, Fruit & Milk	Pesto Pasta, Rolls, Oranges & Milk	Sloppy Joe Casserole, Corn, Fruit & Milk	Turkey Taco Bowl w/Rice, Tortilla, Fruit & Milk	Minestrone Soup, Garlic Bread, Bananas & Milk
PM Snack	Bananas & Gold Fish	Veggies & Ranch	Celery & Sun Butter	Ritz & Pineapple	Pumpkin Muffins
Week 5	28	29	30	31	
Breakfast	Waffles & Milk	Oatmeal & Milk	Yogurt, Strawberries & Milk	French Toast & Milk	Highlighted Items
AM Snack	Snap Peas w/Ranch	Animal Crackers & Pears	Cucumbers & Ranch	Soft Pretzel Bites & Cheese	Are In
Lunch	Quesadillas, Mixed Veggies, Fruit & Milk	Ham Sandwiches, French Fries, Fruit & Milk	Ziti, Breadsticks, Apple & Milk	Taco Salad, Tortillas, Oranges & Milk	Celebration
PM Snack	Cinnamon Apples & Crackers	Tortillas & Sun butter	Tomato & Cucumber Salad	Fruit Cocktail & Grahams	National Holidays