



COVENANT SCHOOLS DEL NORTE, L.L.C

November 2017 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			1	2	3
Breakfast	HIGHLIGHTED ITEMS IN CELEBRATION		Oatmeal, Fruit & Milk	Cereal, Fruit & Milk	Cinnamon Toast, Applesauce & Milk
AM Snack	OF		Cheese & Crackers	Yogurt & Grahams	Goldfish & Juice
Lunch	NATIONAL DAYS!		Ranch Beans, Carrots, Fruit, Tortilla & Milk	Stir Fry Chicken, Veggie Stick, Fruit & Milk	WOW Butter & Jelly Sandwiches , Chips, Fruit & Milk
PM Snack			Trail Mix & Juice	Fruit & Crackers	Brownies & Milk
Week 2	6	7	8	9	10
Breakfast	Cereal, Fruit & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Cream of Wheat, Juice & Milk	Waffles, Fruit & Milk	Biscuits 2/ Jelly, Fruit & Milk
AM Snack	Mixed Fruit & Grahams	String Cheese & Pretzels	WOW Butter & Crackers	Applesauce & Cheese Itz	Bananas & Grahams
Lunch	Enchilada Casserole, Spanish Rice, Fruit & Milk	Chicken Nuggets, Green Beans, fruit & Milk	Scalloped Potatoes w/ Cheese, Broccoli, Fruit & Milk	Corn Dogs, Baked Beans, Fruit & Milk	Taco Salad, Tortillas, Fruit & Milk
PM Snack	Muffins & Milk	Apples & Goldfish	Veggie Sticks & Crackers	Cheese & Crackers	Veterans Day Celebration
Week 3	13	14	15	16	17
Breakfast	Waffles, Fruit & Milk	French Toast Sticks , Fruit & Milk	Bagels w/ Cream Cheese, Fruit & Milk	Cereal, Fruit & Milk	Oatmeal, Juice, Milk
AM Snack	Yogurt & Goldfish	Fruit & Crackers	String Cheese & Crackers	WOW Butter & Crackers	Cheese & Crackers
Lunch	Hamburgers, Lettuce, Tomato, Fruit & Milk	Tuna Sandwiches, Tator Tots, Fruit & Milk	Turkey, Mashed Potatoes, Green Beans, Breadsticks & Milk	Pizza Casserole, Corn, Madeiran Oranges & Milk	Tator Tot Casserole, Fruit & Milk
PM Snack	Veggie Sticks w/ Dip & Crackers	Tortilla Rollups & Milk	Pumpkin Pie & Milk	Jello w/ Fruit & Grahams	Goldfish & Pretzels
Week 4	20	21	22	23	24
Breakfast	Cream of Wheat, Juice & Milk	Egg Burritos, Fruit & Milk	Cereal, Fruit & Milk	CLOSED	CLOSED
AM Snack	Wheat Thins & Bananas	Yogurt & Pretzels	String Cheese & Apples	FOR	FOR
Lunch	Sloppy Joe Sliders, Tator Tots, Fruit & Milk	Fish Fillets, Corn, Fruit & Milk	Green Chile Chicken Stew, Tortillas, Fruit & Milk	THANKSGIVING!	THANKSGIVING!
PM Snack	Trail Mix & Juice	Muffins & Milk	Crackers & WOW Butter		
Week 5	27	28	29	30	
Breakfast	Oatmeal, Fruit & Milk	Cheese Toast, Fruit & Milk	Waffles, Fruit & Milk	Cereal, Fruit & Milk	
AM Snack	Yogurt & Goldfish	Applesauce & Cheerios	WOW Butter & Crackers	Cheese Itz & Juice	
Lunch	Spaghetti w/ Meat Sauce, Salad, Fruit & Milk	Mac & Cheese, Green Beans, Fruit & Milk	Bagels Pizza, Veggie Sticks, Fruit & Milk	Meatballs w/ Gravy, Rice, Salad & Milk	
PM Snack	Tortillas & Cheese	Cucumbers w/ Ranch & Crackers	Pudding & Wafers	Cookies & Milk	